

# INDIVIDUALIZED STUDIES MAJOR: HEALTH AND HUMAN SERVICES OPTION (B.S.)

<https://cps.unh.edu/online/program/bs/individualized-studies-health-human-services-option>

## Description

The Bachelor of Science (B.S.) in Individualized Studies provides an opportunity for interdisciplinary or specialized study in the following focus areas: Behavioral & Social Sciences, Business & Finance, Health & Human Services, Management, Media & Communication, and Public Safety.

## Requirements

### Degree Requirements

**Minimum Credit Requirement:** 120 credits

**Minimum Residency Requirement:** 30 credits must be taken at UNH

**Minimum Cumulative GPA:** 2.0 is required for conferral\*

**Core Curriculum Required:** General Education Program

Major, Option and Elective Requirements as indicated.

\*GPA: Major and any state certification GPA requirements may be higher and are indicated in program details.

A minimum grade of C- is required in all Major coursework. Students are allowed a maximum of two course overlaps. Overlaps can be used between Major, Minor, and General Education requirements with only one overlap being utilized between the Major and Minor. Please note that Option requirements are considered part of the Major. Students must complete 16 upper-level credits in majors within the College of Professional Studies, Online.

### General Education Program Requirements

A minimum grade of D- is required in all General Education coursework. Students are allowed a maximum of two course overlaps. Overlaps can be used between Major, Minor and General Education requirements with only one overlap being utilized between the Major and Minor.

All General Education requirements, including CRIT 602 Advanced Critical Analysis and Strategic Thinking and IDIS 601 Interdisciplinary Seminar, must be taken prior to the capstone.

Code	Title	Credits
ENG 420	The Writing Process	4
COM 460	Interpersonal Communication and Group Dynamics	4
COM 480	Visual Communication	4
CRIT 501	Introduction to Critical Inquiry	4
Select one of the following:		4
MTH 402	Math for Our World	
MTH 504	Statistics	
MTH 510	Pre-Calculus	
Knowledge of Human Behavior & Social Systems		4

Knowledge of the Physical & Natural World		4
Knowledge of Human Thought & Expression		4
CRIT 602	Advanced Critical Analysis and Strategic Thinking	4
IDIS 601	Interdisciplinary Seminar	4
Total Credits		40

## Writing Program Requirements

All bachelor's degree candidates are required to complete four writing intensive courses as part of the University [Writing Program Requirements](#) as follows:

Code	Title	Credits
ENG 420	The Writing Process	
One Writing Intensive course in the Major		
One Writing Intensive course at the 600-level or above		
One Additional Writing Intensive Course		

*Writing Intensive courses are identified with the label "Writing Intensive Course" in the "Attributes" section of the course description and/or a W following the course number.*

## Major Requirements

A minimum of 32 semester credit hours is required in the major with at least four courses at the upper level.

Students interested in the Individualized Studies major should contact their academic advisor. The student will work with their advisor and the Director of Liberal Arts to determine if an Individualized Studies degree is feasible. Once the student's degree plan has been researched and finalized, the student must submit a proposal to Academic Affairs for approval. Generally, this work is completed while the student is taking CRIT 602 Advanced Critical Analysis and Strategic Thinking however, feasibility and degree planning may occur prior to taking CRIT 602 if needed.

Prior to capstone enrollment, students are expected to complete the majority of their required major courses along with CRIT 602 Advanced Critical Analysis and Strategic Thinking and IDIS 601 Interdisciplinary Seminar. Students should consult with their advisor regarding specific major courses that may be completed with their capstone. Academic Advisor approval is required for registration to be processed.

## Electives

Open electives are courses students will need to take in addition to their general education and major requirements in order to satisfy the remaining credit totals for their programs. Open electives are defined as any credit course offered by the College not already included in the student's general education, major, option or minor. Students will need 120 credits total to graduate with a bachelor's degree from the Online Division of the College of Professional Studies.

## Degree Plan

A minimum of 32 semester credit hours is required in the major with at least four courses at the upper level. The Individualized Studies major is usually developed in conjunction with the regular course assignments in [CRIT 602](#) Advanced Critical Analysis and Strategic Thinking. A proposal for the major must be submitted to Academic Affairs for approval.

Students in an Individualized Studies program should develop their individual academic plan sequencing with their academic advisor once their major courses are approved.

## Student Learning Outcomes

- Demonstrate the ability to be a self-directed student by determining individual academic objectives and activities and evaluating the resulting learning.
- Attain proficiency in the knowledge, theories, methods of inquiry, and use of information resources pertinent to a substantial and coherent area of study.
- Develop knowledge and skills in a specific discipline or clearly articulated interdisciplinary area at the introductory through advanced level.
- Use ongoing reflective learning to articulate the progression and integration of one's learning in the selected area of study.