BEHAVIORAL SCIENCE
MAJOR: WELLNESS AND PREVENTION OPTION (A.S.)

Description

The Associate in Science in Behavioral Science provides an interdisciplinary approach to understanding human behavior within a global world view. Foundation courses at an associate level introduce behavioral science students to the biological, psychological, social, and cultural variables of human behavior. This degree prepares students for a smooth transition to the B.S. in Applied Psychology, Health & Wellness, Human Services, or Criminal Justice. The wellness and prevention option introduces students to the key factors that impact the mental and physical well-being of individuals as well as strategies for prevention and health promotion.

Requirements

Degree Requirements

Minimum Credit Requirement: 60 credits

Minimum Residency Requirement: 16 credits must be taken at UNH

Minimum GPA: 2.0 required for conferral*

Core Curriculum Required: General Education Program

Major, Option, and Elective Requirements as indicated.
*Major GPA requirements as indicated.

General Education Program Requirements

A minimum grade of D- is required in all General Education coursework. Students are allowed a maximum of one course overlap between the Major and General Education areas.

Major Requirements

A minimum grade of C- is required in all Major and Option coursework. Students are allowed a maximum of one course overlap between the Major/Option and General Education areas.

Electives

Open electives are courses students will need to take in addition to their general education and major requirements in order to satisfy the remaining credit totals for their programs. Open electives are defined as any credit course offered by the College not already included in the student’s general education, major, concentration or minor. Students will need 60 credits total to graduate with an associate degree.

Degree Plan

This degree plan is a sample and does not reflect the impact of transfer credit or current course offerings. UNH CPS Online undergraduate students should develop individual academic plans with their academic advisor during their first year at UNH.

Sample Course Sequence

Course | Title | Credits
--- | --- | ---
**First Year**
Fall
COM 460 | Interpersonal Communication and Group Dynamics | 4
ENG 420 | The Writing Process | 4
PSY 410 | Introduction to Psychology | 4
SOCI 410 | Introduction to Sociology | 4

Credits | 16

Spring
CRIT 501 | Introduction to Critical Inquiry | 4
Select one of the following: | 4
MTH 402 | Math for Our World | 4
MTH 504 | Statistics | 4
MTH 510 | Pre-Calculus | 4
SCI 502 | Nutrition and Health | 4
General Education Course | 4

Credits | 16

**Second Year**
Fall
COM 480 | Visual Communication | 4
HLTC 560 | Health Behaviors: Theoretical Foundations for Health Education | 4
PSY 525 | Human Development | 4
General Education Course | 4

Credits | 16
Spring
Select one of the following: 4

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
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<tbody>
<tr>
<td>SCI 490</td>
<td>Human Biology</td>
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<tr>
<td>SCI 508</td>
<td>Issues in Women's Health</td>
</tr>
<tr>
<td>SCI 509</td>
<td>Disease Prevention and Health Promotion</td>
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General Education Course 4
Elective 4

Credits 12
Total Credits 60

Student Learning Outcomes

Students will have the opportunity to:

- Attain proficiency in the basic concepts, theories, and methods of inquiry in behavioral sciences.
- Evaluate ethical principles of the behavioral sciences.
- Prepare for seamless transition to the Bachelor of Science in Applied Psychology, Health & Wellness, Human Services, or Criminal Justice.