**APPLIED PSYCHOLOGY MAJOR: COUNSELING FOUNDATIONS OPTION (B.S.)**

https://cps.unh.edu/online/program/bs/applied-psychology-counseling-foundations-option

**Description**

The Bachelor of Science degree in Applied Psychology provides an understanding of human behavior within a socio-cultural context. Students explore the variables affecting human behavior within both individual and group settings. The major positions students for either post-college employment or advanced education. The counseling foundations option introduces students to the theory and process of delivering counseling services.

**Requirements**

**Degree Requirements**

- **Minimum Credit Requirement:** 120 credits
- **Minimum Residency Requirement:** 30 credits must be taken at UNH
- **Minimum Cumulative GPA:** 2.0 is required for conferral*

**Core Curriculum Required:** General Education Program

Major, Option and Elective Requirements as indicated.

*GPA: Major and any state certification GPA requirements may be higher and are indicated in program details.

A minimum grade of C- is required in all Major coursework. Some programs may have higher grade requirements for Major coursework as noted in the Major requirements section below. Students are allowed a maximum of two course overlaps. Overlaps can be used between Major, Minor, and General Education requirements with only 8 credits overlapped between the Major and Minor. Please note that Option requirements are considered part of the Major. Students must complete 16 upper-level credits in majors within the College of Professional Studies, Online.

**General Education Program Requirements**

A minimum grade of D- is required in all General Education coursework. Students are allowed a maximum of two course overlaps. Overlaps can be used between Major, Minor and General Education requirements with only 8 credits overlapped between the Major and Minor.

All General Education requirements, including CRIT 602 Advanced Critical Analysis and Strategic Thinking and IDIS 601 Interdisciplinary Seminar, must be taken prior to the capstone.

**Writing Program Requirements**

All bachelor’s degree candidates are required to complete four writing intensive courses as part of the University Writing Program Requirements as follows:

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
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<tbody>
<tr>
<td>ENG 420</td>
<td>The Writing Process</td>
<td>4</td>
</tr>
<tr>
<td>PSY 602</td>
<td>Theories of Personality</td>
<td>4</td>
</tr>
<tr>
<td>IDIS 560</td>
<td>Research Methods in the Behavioral Sciences</td>
<td>4</td>
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Writing Intensive courses are identified with the label "Writing Intensive Course" in the "Attributes" section of the course description and/or a W following the course number.

**Major Requirements**

Prior to capstone enrollment, students are expected to complete the majority of their required major courses along with CRIT 602 Advanced Critical Analysis and Strategic Thinking and IDIS 601 Interdisciplinary Seminar. Students should consult with their advisor regarding specific major courses that may be completed with their capstone. Academic Advisor approval is required for registration to be processed.

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<tr>
<td>PSY 410</td>
<td>Introduction to Psychology</td>
<td>4</td>
</tr>
<tr>
<td>PSY 470</td>
<td>Child Development</td>
<td>4</td>
</tr>
<tr>
<td>PSY 530</td>
<td>Social Psychology</td>
<td>4</td>
</tr>
<tr>
<td>MTH 504</td>
<td>Statistics</td>
<td>4</td>
</tr>
<tr>
<td>MTH 510</td>
<td>Pre-Calculus</td>
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**Total Credits:** 40

**Intermediate Courses**

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<tbody>
<tr>
<td>MTH 504</td>
<td>Statistics</td>
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**Advanced Courses**

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<tbody>
<tr>
<td>PSY 725</td>
<td>Cognitive Psychology</td>
<td>4</td>
</tr>
<tr>
<td>PSY 740</td>
<td>Biopsychology</td>
<td>4</td>
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**Option in Counseling Foundations**

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<tbody>
<tr>
<td>PSY 602</td>
<td>Crisis Intervention</td>
<td>4</td>
</tr>
<tr>
<td>PSY 654</td>
<td>Counseling Theories</td>
<td>4</td>
</tr>
<tr>
<td>PSY 685</td>
<td>Principles of Psychopathology</td>
<td>4</td>
</tr>
</tbody>
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<td>Math for Our World</td>
<td>4</td>
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<td>Statistics</td>
<td>4</td>
</tr>
<tr>
<td>MTH 510</td>
<td>Pre-Calculus</td>
<td>4</td>
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<tr>
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Electives

Open electives are courses students will need to take in addition to their general education and major requirements in order to satisfy the remaining credit totals for their programs. Open electives are defined as any credit course offered by the College not already included in the student’s general education, major, option or minor. Students will need 120 credits total to graduate with a bachelor’s degree from the Online Division of the College of Professional Studies.

Degree Plan

This degree plan is a sample and does not reflect the impact of transfer credit or current course offerings. UNH CPS Online undergraduate students should develop individual academic plans with their academic advisor during their first year at UNH.

Sample Course Sequence

First Year

Fall

ENG 420  The Writing Process  4
PSY 410  Introduction to Psychology  4
General Education Course  4
Elective  4
Credits  16

Spring

COM 460  Interpersonal Communication and Group Dynamics  4
CRIT 501  Introduction to Critical Inquiry  4
MTH 402  Math for Our World  4
or MTH 504  or Statistics  4
or MTH 510  or Pre-Calculus  4
PSY 470  Child Development  4
or PSY 525  or Human Development  4
Credits  16

Second Year

Fall

COM 480  Visual Communication  4
MTH 504  Statistics  4
PSY 530  Social Psychology  4
or SOSC 602  or Men and Women in Cross-Cultural
or SOCI 601  Perspectives  4
or Society and the Individual
General Education Course  4
Credits  16

Spring

IDIS 560  Research Methods in the Behavioral Sciences  4
PSY 602  Theories of Personality  4
or PSY 685  or Principles of Psychopathology  4

Third Year

Fall

CRIT 602  Advanced Critical Analysis and Strategic Thinking  4
PSY 603  Crisis Intervention  4
PSY 665  Principles of Assessment  4
or COM 460  or Interpersonal Communication and Group Dynamics
Elective  4
Credits  16

Spring

PSY 654  Counseling Theories  4
PSY 685  Principles of Psychopathology  4
PSY 725  Cognitive Psychology  4
Elective  4
Credits  16

Fourth Year

Fall

IDIS 601  Interdisciplinary Seminar  4
PSY 740  Biopsychology  4
Elective  4
Elective  4
Credits  16

Spring

PSY 797  Integrative Capstone: Project in Applied Psychology  4
or PSY 795  or Integrative Capstone: Internship in Applied Psychology
Elective  4
Credits  8

Total Credits  120

Student Learning Outcomes

- Differentiate and critically analyze biological, developmental, cognitive, and sociocultural theories that provide an understanding of behavior and communicate this knowledge effectively.
- Use computer technology, as well as quantitative and scientific reasoning, to function as informed consumers of psychological research.
- Apply ethical principles that guide and inform the conduct of research and clinical practice.