# Applied Psychology Major: Counseling Foundations Option (B.S.)

https://cps.unh.edu/online/program/be/applied-psychology-counseling-foundations-option

## Description

The Bachelor of Science degree in Applied Psychology provides an understanding of human behavior within a socio-cultural context. Students explore the variables affecting human behavior within both individual and group settings. The major positions students for either post-college employment or advanced education. The counseling foundations option introduces students to the theory and process of delivering counseling services.

## Requirements

### Degree Requirements

**Minimum Credit Requirement:** 120 credits

**Minimum Residency Requirement:** 30 credits must be taken at UNH

**Minimum Cumulative GPA:** 2.0 is required for conferral*

### Core Curriculum Required: General Education Program

Major, Option and Elective Requirements as indicated.

*GPA: Major and any state certification GPA requirements may be higher and are indicated in program details.

A minimum grade of C- is required in all Major coursework. Students are allowed a maximum of two course overlaps. Overlaps can be used between Major, Minor, and General Education requirements with only one overlap being utilized between the Major and Minor. Please note that Option requirements are considered part of the Major. Students must complete 16 upper-level credits in majors within the College of Professional Studies, Online.

### General Education Program Requirements

A minimum grade of D- is required in all General Education coursework. Students are allowed a maximum of two course overlaps. Overlaps can be used between Major, Minor and General Education requirements with only one overlap being utilized between the Major and Minor.

All General Education requirements, including CRIT 602 Advanced Critical Analysis and Strategic Thinking and IDIS 601 Interdisciplinary Seminar, must be taken prior to the capstone.

### Writing Program Requirements

All bachelor’s degree candidates are required to complete four writing intensive courses as part of the University Writing Program Requirements as follows:

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
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</thead>
<tbody>
<tr>
<td>ENG 420</td>
<td>The Writing Process</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>One Writing Intensive course in the Major</td>
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</tr>
<tr>
<td></td>
<td>One Writing Intensive course at the 600-level or above</td>
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<td></td>
<td>One Additional Writing Intensive Course</td>
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Writing Intensive courses are identified with the label "Writing Intensive Course" in the "Attributes" section of the course description and/or a W following the course number.

### Major Requirements

Prior to capstone enrollment, students are expected to complete the majority of their required major courses along with CRIT 602 Advanced Critical Analysis and Strategic Thinking and IDIS 601 Interdisciplinary Seminar. Students should consult with their advisor regarding specific major courses that may be completed with their capstone. Academic Advisor approval is required for registration to be processed.

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
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<tbody>
<tr>
<td>PSY 410</td>
<td>Introduction to Psychology</td>
<td>4</td>
</tr>
<tr>
<td>PSY 470</td>
<td>Child Development</td>
<td>4</td>
</tr>
<tr>
<td>PSY 525</td>
<td>Human Development</td>
<td>4</td>
</tr>
<tr>
<td>PSY 530</td>
<td>Social Psychology</td>
<td>4</td>
</tr>
<tr>
<td>PSY 560</td>
<td>Statistics</td>
<td>4</td>
</tr>
<tr>
<td>IDIS 560</td>
<td>Research Methods in the Behavioral Sciences</td>
<td>4</td>
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</tbody>
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### Major Electives

Select one of the following:

- BEHS 675: Terrorism: Domestic and International
- or BEHS 695: Internship in Behavioral Science
- or CRIM 425: Juvenile Justice
- or MGMT 566: Organizational Behavior
- or PSY 530: Social Psychology
- or PSY 625: Educational Psychology
- or PSY 630: Psychology of Adulthood
- or PSY 646: Psychology of Occupational Stress
- or PSY 665: Principles of Assessment
- or SLA 506: Language Acquisition
- or SOCI 675: Child Abuse and Neglect
- or SOSC 602: Men and Women in Cross-Cultural Perspectives

### Advanced Courses

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
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</thead>
<tbody>
<tr>
<td>PSY 725</td>
<td>Cognitive Psychology</td>
<td>4</td>
</tr>
<tr>
<td>PSY 740</td>
<td>Biopsychology</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>Option in Counseling Foundations</td>
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<tr>
<td>PSY 603</td>
<td>Crisis Intervention</td>
<td>4</td>
</tr>
<tr>
<td>PSY 654</td>
<td>Counseling Theories</td>
<td>4</td>
</tr>
<tr>
<td>PSY 685</td>
<td>Principles of Psychopathology</td>
<td>4</td>
</tr>
<tr>
<td>PSY 695</td>
<td>Principles of Assessment</td>
<td>4</td>
</tr>
<tr>
<td>or COM 460: Interpersonal Communication and Group Dynamics</td>
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</tbody>
</table>
Electives
Open electives are courses students will need to take in addition to their general education and major requirements in order to satisfy the remaining credit totals for their programs. Open electives are defined as any credit course offered by the College not already included in the student's general education, major, option or minor. Students will need 120 credits total to graduate with a bachelor’s degree from the Online Division of the College of Professional Studies.

Degree Plan
This degree plan is a sample and does not reflect the impact of transfer credit or current course offerings. UNH CPS Online undergraduate students should develop individual academic plans with their academic advisor during their first year at UNH.

Sample Course Sequence

First Year
Fall
ENG 420  The Writing Process  4
PSY 410  Introduction to Psychology  4
General Education Course  4
Elective  4

Credits  16

Spring
COM 460  Interpersonal Communication and Group Dynamics  4
CRIT 501  Introduction to Critical Inquiry  4
MTH 402  Math for Our World or Statistics or Pre-Calculus  4
PSY 470  Child Development or Human Development  4

Credits  16

Second Year
Fall
COM 480  Visual Communication  4
MTH 504  Statistics  4
PSY 530  Social Psychology or Men and Women in Cross-Cultural Perspectives  4
General Education Course  4

Credits  16

Spring
IDIS 560  Research Methods in the Behavioral Sciences  4
PSY 602  Theories of Personality or Principles of Psychopathology  4
Major Elective  4

Credits  16

Third Year
Fall
CRIT 602  Advanced Critical Analysis and Strategic Thinking  4
PSY 603  Crisis Intervention  4
PSY 665 or COM 460  Principles of Assessment or Interpersonal Communication and Group Dynamics  4
Elective  4

Credits  16

Spring
PSY 654  Counseling Theories  4
PSY 685  Principles of Psychopathology  4
PSY 725  Cognitive Psychology  4
Elective  4

Credits  16

Fourth Year
Fall
IDIS 601  Interdisciplinary Seminar  4
PSY 740  Biopsychology  4
Elective  4
Elective  4

Credits  16

Spring
PSY 797 or PSY 795  Integrative Capstone: Project in Applied Psychology or Integrative Capstone: Internship in Applied Psychology  4
Elective  4

Credits  8

Total Credits  120

Student Learning Outcomes

- Differentiate and critically analyze biological, developmental, cognitive, and sociocultural theories that provide an understanding of behavior and communicate this knowledge effectively.
- Use computer technology, as well as quantitative and scientific reasoning, to function as informed consumers of psychological research.
- Apply ethical principles that guide and inform the conduct of research and clinical practice.