

# NUTRITION MINOR

NUTR 790	Undergraduate Teaching Experience	1-2
NUTR 795	Investigations	1-4

<https://colsa.unh.edu/agriculture-nutrition-food-systems/program/minor/nutrition>

## Description

The nutrition minor is particularly suited to students interested in pursuing professional careers related to human health and wellness.

Students declare the nutrition minor by submitting the [Intent to Minor form](#) online, preferably prior to the start of their junior year. Submission of the Intent to Minor form is required to gain registration preference in certain courses if space is available and by discretion of the instructor. To complete the minor, students submit a [Certification of Completion of Minor](#) form during their final semester at UNH.

## Requirements

The minor consists of a minimum of 20 credits, no more than 8 of which can also be used to fulfill major requirements. A C average (2.00) is required in courses that the minor department approves; a grade of C-minus or better is required in all courses to be counted toward the minor. Courses taken on a Pass/Fail basis may not be used for a minor.

Code	Title	Credits
<b>Required Course</b>		
NUTR 400	Nutrition in Health and Well Being	4

Students may tailor the minor in Nutrition to personal interests or professional aspirations. Note that many courses have prerequisites and/or require special permission.

Code	Title	Credits
<b>Additional Courses</b>		
Choose a minimum of 16-credits from the list below. At least 4 credits must be at the 600- or 700-level		
NUTR 403	Culinary Arts Skills Development	4
NUTR 405	Food and Society	4
NUTR 476	Nutritional Assessment	4
NUTR 506	Nutrition and Wellness	4
NUTR 525	Food and Culture in Italy	4
NUTR 530	Critical Analysis in Food Studies	4
NUTR 535	History of Food in Italy	4
NUTR 546	Nutrition in Exercise and Sports	4
NUTR 550	Food Science: Principle and Practice	4
NUTR 560	Introduction to Research in Nutrition	2
NUTR 595	Mediterranean Diet and Culture	4
NUTR 610	Nutrition Education and Counseling	4
NUTR 625	From Farm to the Italian Table	4
NUTR 628	Culinary Nutrition Practicum	4
NUTR 650	Life Cycle Nutrition	4
NUTR 699	Independent Study	1-4
NUTR 709	Nutritional Epidemiology	4
NUTR 710	Advanced Diabetes Care	2
NUTR 715	Advanced Sports Nutrition	4
NUTR 720	Community Nutrition	4
NUTR 730	From Seed to Sea: Examining Sustainable Food Systems	4
NUTR 740	Nutrition for Children with Special Needs	4
NUTR 750	Nutritional Biochemistry	4
NUTR 751	Nutritional Biochemistry of Micronutrients	4
NUTR 755	Concepts and Controversies in Weight Management	3
NUTR 758	Practicum in Nutrition and Wellness	2
NUTR 773	Clinical Nutrition	4