

COACHING MINOR

<https://www.unh.edu/program/minor/coaching>

Description

The Coaching Minor is an interdisciplinary curriculum designed to provide students interested in coaching at the youth, high school or college levels with basic knowledge and skills necessary for competence in coaching. The minor consists of courses offered by several options within the Department of Kinesiology and Recreation Management and Policy. The proposed coursework lays a theoretical and practical framework for students interested in coaching.

Sport Management Leadership/Sport Studies majors are not permitted to minor in coaching.

Requirements

Academic policies related to Minors.

- Admission into the minor is based on successful completion of SML 565 Principles of Coaching (grade of C- or better), and a minimum GPA of 2.0.

Required Courses

Code	Title	Credits
SML 565	Principles of Coaching	4
SML 765	Advanced Topics in Coaching	4
SML 650D	Internship in Coaching ¹	2
Select a minimum of two of the following courses:		4
SML 565A	Clinical Practice in Coaching	2
SML 521	Theory of Coaching Basketball	2
SML 522	Theory of Coaching Football	2
SML 523	Theory of Coaching Ice Hockey	2
SML 525	Theory of Coaching Soccer	2
SML 528	Theory of Coaching Track and Field	2
Select at least one of the following:		4
KIN 505	Activity, Injuries and Disease	4
EXSC 527	Scientific Foundations of Health and Fitness	4
SML 560	Sport Psychology	4
RMP 560	Recreational Sport Management	4
SML 562	Sport Media Relations	4
HPE 675	Motor Development and Learning Across the Lifespan	4
SML 740	Athletic Administration	4
SML 780	Psychological Factors in Sport	4

¹ Students will not be permitted to enroll in SML 650D Internship in Coaching, until they have completed 10 Credits toward the minor to include: SML 565 Principles of Coaching; and one of the applicable courses/electives and at least one theory/practical coaching class.