## **GERONTOLOGY MULTIDISCIPLINARY MINOR**

https://chhs.unh.edu/social-work/program/minor/gerontology

## Description

The gerontology multidisciplinary minor (GMM) provides students with the opportunity to examine and evaluate the aging process as it affects the individual and society within the United States and in the world. Through a multidisciplinary course selection, students develop an understanding of aging from a variety of perspectives with a focus on how people age physically, cognitively, emotionally, and socially. Students are encouraged to analyze the historical and philosophical foundation from which policies, programs, and professional activities affecting the aged are developed, implemented, and evaluated. The purpose of GMM is to prepare students as they enter their career fields on the effects that the growing elderly population will have in every component of modern life.

## Requirements

- The minor in gerontology consists of completing five courses (20 credits).
- · Special Topic courses on aging-related topics can be used for the minor if approved by the minor coordinator.
- · Students must complete courses with a grade of C- or better and a 2.00 grade point average.
- · Academic policies related to minors.

Code	Title	Credits
Required Courses		
EXSC 607	Biology of Aging	4
GERO 500	I'm Old, So What! An introduction to aging in the United States	4
Electives		
Select three courses from the following: 12		
GERO 795	Independent Study <sup>2</sup>	
HDFS 625	Adult Development	
HDFS 707	Practicum <sup>1</sup>	
HHS 798	Special Topics	
HPE 601	Lifetime Sports	
NURS 506	Human Development, Interaction and Learning Across the Lifespan	
NURS 535	Death and Dying	
NUTR 400	Nutrition in Health and Well Being	
NUTR 600	Field Experience in Nutrition <sup>1</sup>	
NUTR 650	Life Cycle Nutrition	
NUTR 773	Clinical Nutrition	
NURS 601	Function and Wellbeing of Older Adults	
OT 501	Developmental Tasks of Adulthood	
PHIL 660	Law, Medicine, and Ethics	
RMP 503	Therapeutic Recreation Rehabilitation Principles & Interventions	
RMP 563	Recreation Management and Policy Practicum <sup>1</sup>	
SOC 725	Social Demography	
SW 702	Aging and Society	
SW 740	Social Work Internship Experience	
SW 741	Social Work Internship Experience II	
Total Credits		20

1 Up to 4 credits from the practicum courses including HDFS 707 Practicum, NUTR 600 Field Experience in Nutrition, RMP 563 Recreation Management and Policy Practicum, SW 740 Social Work Internship Experience or SW 741 Social Work Internship Experience II can be used for GMM if a student did their internship at aging-related institutions.

2 GERO 795 Independent Study is not a required course but up to 4 credits can be used toward the minor. GERO 795 is used by students and faculty as an option for creating an individual experience relating to aging. A faculty member must approve and oversee (mentor) the student's work. Additionally, the minor coordinator must also approve of the proposal and retain a copy. A copy of the proposal and the final copy will be kept in the student's major academic folder.