

OUTDOOR ADVENTURE LEADERSHIP MINOR

<https://chhs.unh.edu/recreation-management-policy/program/minor/outdoor-adventure-leadership>

Description

The purpose of the minor in Outdoor Adventure Leadership is to complement major courses of study that prepare students for professional fields that work in outdoor environments across human service, natural resources, educational, or recreation sectors. It will provide an orientation to the technical, risk management, and leadership skills required for personal preparedness and program organization involving backcountry and facilities-based adventure activities. In addition, the minor seeks to improve the standards for fieldwork in professional fields that use the outdoors by offering high-quality training that employs current risk management principles that govern engagement in outdoor activities.

Program Objectives:

- Provide the highest quality professional preparation in outdoor technical skills
- Surpass national standards so students can pursue certifications if desired
- Cultivate life-long learners who are motivated to seek continuous improvement
- Improve quality and help to reduce risks across professional fields that depend on a common skillset
- Expand participation in outdoor activities both on campus and in public and private sectors
- Enhance the experiences of future participants by emphasizing best practices that validate a range of life experiences, identities, and goals

Requirements

Minor Requirements

Code	Title	Credits
Select two courses from the following:		8
OUT/RMP 515	History of Outdoor Pursuits in North America	
OUT 550	Outdoor Education Philosophy and Methods	
OUT 681	Theory of Adventure Education	
Required courses:		
OUT 444C or OUT 551	AMPED UP: Social and Psychological Perspectives on Adventure ¹ Adventure Programming: Backcountry Based Experience	4
OUT 540	Top Rope Rock Climbing	4
OUT 541	Management of Challenge Courses	4
OUT 552	Adventure Programming: Water Based Experiences	4
Select one course from the following:		2-4
OUT 539	Artificial Climbing Wall Management	
OUT 542	Sea Kayaking	
OUT 543	Winter Adventure Programming	
OUT 545	High Angle Rescue	
OUT 546	Whitewater Canoeing	
OUT 547	Lead Rock Climbing	
OUT 548	Winter Expedition Programming	
OUT 549	Wilderness Navigation	

KIN 798 Special Topics

Total Credits

26-28

Students must earn grades of C or better in all courses. At the beginning of his/her final semester, students must complete and submit a Certification of Completion of Minor form to their college dean's office.

- ¹ Prerequisite: Participation in one of UNH's pre-orientation programs (CONNECT, PAWS, PROVES, Marine Immersion, etc.) is a recommended experience when taking OUT 444C AMPED UP. Social and Psychological Perspectives on Adventure in the fall semester.