OUTDOOR ADVENTURE LEADERSHIP MINOR

https://chhs.unh.edu/recreation-management-policy/program/minor/outdoor-adventure-leadership

Description

The purpose of the minor in Outdoor Adventure Leadership is to complement major courses of study that prepare students for professional fields that work in outdoor environments across human service, natural resources, educational, or recreation sectors. It will provide an orientation to the technical, risk management, and leadership skills required for personal preparedness and program organization involving backcountry and facilities-based adventure activities. In addition, the minor seeks to improve the standards for fieldwork in professional fields that use the outdoors by offering high-quality training that employs current risk management principles that govern engagement in outdoor activities.

Program Objectives:

- Provide the highest quality professional preparation in outdoor technical skills
- Surpass national standards so students can pursue certifications if desired
- Cultivate life-long learners who are motivated to seek continuous improvement
- Improve quality and help to reduce risks across professional fields that depend on a common skillset
- Expand participation in outdoor activities both on campus and in public and private sectors
- Enhance the experiences of future participants by emphasizing best practices that validate a range of life experiences, identities, and goals

Requirements

Minor Requirements

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
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<tbody>
<tr>
<td>OUT/RMP 515</td>
<td>History of Outdoor Pursuits in North America</td>
<td>8</td>
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<tr>
<td>OUT 550</td>
<td>Outdoor Education Philosophy and Methods</td>
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<tr>
<td>OUT 681</td>
<td>Theory of Adventure Education</td>
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Required courses:

- OUT 444C AMPED UP: Social and Psychological Perspectives on Adventure
- or OUT 551 Adventure Programming: Backcountry Based Experience
- OUT 540 Top Rope Rock Climbing
- OUT 541 Management of Challenge Courses
- OUT 552 Adventure Programming: Water Based Experiences

Select one course from the following: 2-4 credits

- OUT 539 Artificial Climbing Wall Management
- OUT 542 Sea Kayaking
- OUT 543 Winter Adventure Programming
- OUT 545 High-Angle Rescue
- OUT 546 Whitewater Canoeing
- OUT 547 Lead Rock Climbing
- OUT 548 Winter Expedition Programming
- OUT 549 Wilderness Navigation

Total Credits: 26-28

Students must earn grades of C or better in all courses. At the beginning of his/her final semester, students must complete and submit a Certification of Completion of Minor form to their college dean’s office.

1 Prerequisite: Participation in one of UNH’s pre-orientation programs (CONNECT, PAWS, PROVES, Marine Immersion, etc.) is a recommended experience when taking OUT 444C AMPED UP: Social and Psychological Perspectives on Adventure in the fall semester.