

# ADOLESCENT AND YOUTH DEVELOPMENT MINOR

<https://chhs.unh.edu/human-development-family-studies/program/minor/adolescent-youth-development>

## Description

The departments of Recreation Management and Policy and Human Development and Family Studies offer an interdisciplinary minor designed to give students an opportunity to develop knowledge and skills regarding adolescence and youth development. The two required courses offer a foundation in theory, research, and practice, and students choose three additional courses in order to better prepare students to work with this age group.

For more information contact [Dr. Cindy Hartman](mailto:cindy.hartman@unh.edu) ([cindy.hartman@unh.edu](mailto:cindy.hartman@unh.edu)) in Recreation Management and Policy or [Sahitya Maiya](mailto:sahitya.maiya@unh.edu) ([sahitya.maiya@unh.edu](mailto:sahitya.maiya@unh.edu)) in Human Development and Family Studies.

## Requirements

Code	Title	Credits
<b>Required Courses</b>		
RMP 668	Youth Culture and Programs	4
HDFS 624	Developmental Perspectives on Adolescence and Early Adulthood	4
<b>Select three courses from the below, approved by a minor advisor.</b>		<b>12</b>
EDUC 556	Peer to Peer Mentoring for Students with Disabilities	2
HDFS 444A	Youth Facing Adversity	4
HDFS 707	Practicum	1-6
HDFS 776	Children, Adolescents and the Law	4
RMP 563	Recreation Management and Policy Practicum	2
RMP 560	Recreational Sport Management	4
SOC 525	Juvenile Crime and Delinquency	4
CMN 714	Youth and Media	4
SML 565	Principles of Coaching	4
SW 705	Child and Adolescent Risks and Resiliency: Program, Policy and Practice	4

Other adolescent or youth-based courses as approved by minor coordinator.