

ADOLESCENT AND YOUTH DEVELOPMENT (MINOR)

<https://chhs.unh.edu/human-development-family-studies/program/minor/adolescent-youth-development>

Description

The departments of Recreation Management and Policy and Human Development and Family Studies offer an interdisciplinary minor designed to give students an opportunity to develop knowledge and skills regarding adolescence and youth development. The two required courses offer a foundation in theory, research, and practice, and students choose three additional courses in order to better prepare students to work with this age group.

For more information contact [Dr. Cindy Hartman](#) (cindy.hartman@unh.edu) in Recreation Management and Policy or [Sahitya Maiya](#) (sahitya.maiya@unh.edu) in Human Development and Family Studies.

Requirements

| Code | Title | Credits |
|--|---|-----------|
| Required Courses | | |
| RMP 668 | Youth Culture and Programs | 4 |
| or RMP 768 | Theories and Philosophies of Youth Development | |
| HDFS 624 | Developmental Perspectives on Adolescence and Early Adulthood | 4 |
| Select three courses from the below, approved by a minor advisor. | | 12 |
| EDUC 556 | Peer to Peer Mentoring for Students with Disabilities | 2 |
| HDFS 444A | Youth Facing Adversity | 4 |
| HDFS 707 | Practicum | 1-6 |
| HDFS 776 | Children, Adolescents and the Law | 4 |
| RMP 563 | Recreation Management and Policy Practicum | 2 |
| RMP 560 | Recreational Sport Management | 4 |
| SOC 525 | Juvenile Crime and Delinquency | 4 |
| CMN #714 | Youth and Media | 4 |
| SML 565 | Principles of Coaching | 4 |
| SW 705 | Child and Adolescent Risks and Resiliency: Program, Policy and Practice | 4 |

Other adolescent or youth-based courses as approved by minor coordinator.