

LIFETIME ACTIVITY PROGRAMMING AND LEADERSHIP MINOR

Description

The minor in Lifetime Activity Programming and Leadership is for students interested in potentially working with youth in activity settings such as before or after school programs, summer camps, outdoor/adventure settings, etc. The majority of courses will engage students in purposeful movement and will be physically engaging yet each course will have a teaching component as well-to help prepare students to facilitate the various activities to youth in physical activity environments.

Requirements

Code	Title	Credits
Required Courses		
HPE 655	Middle School and Secondary Physical Education Pedagogy	4
HPE 781	Inclusion in Physical Education	4
HPE 601	Lifetime Sports	3
HPE 603	Team Sports	3
HPE 676	Adventure Activities	3
Elective Courses: choose two		4-6
Lifetime Activity Program (LAP) 2 credits per course		
or		
OUT 539	Artificial Climbing Wall Management	
OUT 542	Sea Kayaking	
OUT 551	Adventure Programming: Backcountry Based Experience	
OUT 552	Adventure Programming: Water Based Experiences	
Total Credits		21-23