HEALTH AND PHYSICAL EDUCATION MAJOR (B.S.)

https://chhs.unh.edu/kinesiology/program/bs-health-physical-education-major

Description

The health and physical education (HPE) major provides a foundation for teaching through a four-year program (BS), or the UNH Department of Education fifth-year program leading to a masters of arts in teaching (MAT). Graduates become certified to teach kindergarten through grade 12 (K-12) health and physical education in the state of New Hampshire. This licensure is transferable to all other states in the U.S. Extensive supervised practicum experiences that provide teaching skills, including adaptive physical education programming, offers an excellent foundation for preparing high-quality teachers. The combination of health with physical education and adaptive physical education makes graduates highly marketable.

Internal UNH undergraduate transfer candidates must have a minimum GPA of 2.67 before admission to the major. The coursework for students choosing the four-year or five-year path to teaching certification is exactly the same until the final semester of the undergraduate program. The culminating experience for students in the four-year teaching program is student teaching (EDUC 694D/HPE 694 Supervised Teaching in Health and Physical Education). Students choosing to do the fifth-year program complete a year-long internship, in lieu of student teaching. Students also have the option of completing a concentration in adapted physical education through additional coursework designed to enhance teaching strategies and the programmatic needs of students with disabilities.

Admission to the fifth year program requires a minimum GPA of 3.0. Students admitted early to the masters program (required GPA of 3.2 or greater) are eligible for dual credit at the undergraduate/graduate levels for up to 12 credit hours. This enables undergraduates to begin the masters program in their junior or senior year. For questions about the program, contact the undergraduate program coordinator, Steve Wright, at (603) 862-4408, or steven.wright@unh.edu.

Degree Plan

Recommended Major Sequencing of Courses

This list only includes major classes. Students should be registered for, and taking an average of 16 credits per semester to be 'on track' to graduate in 4 years. In most semesters, this means a student will be taking Discovery or elective courses to meet this 16 credit 'load'.

Course Title Credits
First Year
Fall
BMS 507 Human Anatomy and Physiology I 4
HPE 500 Introduction to Health and Physical Education 2
HPE 600 Movement and Gymnastics Exploration 4
Credits 10
Spring
BMS 508 Human Anatomy and Physiology II 4
HPE 603 Team Sports 3
NUTR 400 Nutrition in Health and Well Being 4
Credits 11
Second Year
Fall
HPE 610 Elementary Physical Education Pedagogy 4
HPE 648 Current Issues in Teaching Health 4
HPE 675 Motor Development and Learning 4
KIN 501 First Aid: Responding to Emergencies 1
Credits 13
Spring
HPE 570 Elementary Physical Education Practicum 4
HPE 601 Lifetime Sports 3
HPE 671 Health Education Pedagogy 4
<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>PSYC 402</td>
<td>Statistics in Psychology</td>
<td>4</td>
</tr>
<tr>
<td>or SOC 402</td>
<td>or Statistics</td>
<td></td>
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</tbody>
</table>

**Credits**: 15

### Third Year

#### Fall

<table>
<thead>
<tr>
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<th>Credits</th>
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<tbody>
<tr>
<td>EXSC 620</td>
<td>Physiology of Exercise</td>
<td>4</td>
</tr>
<tr>
<td>HPE 653B</td>
<td>Biomechanics of Human Movement</td>
<td>2</td>
</tr>
<tr>
<td>HPE 655</td>
<td>Middle School and Secondary Physical Education Pedagogy</td>
<td>4</td>
</tr>
<tr>
<td>HPE 702</td>
<td>Health Content and Youth Risk Behavior</td>
<td>4</td>
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**Credits**: 14

#### Spring

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<tbody>
<tr>
<td>HDFS 746</td>
<td>Human Sexuality</td>
<td>4</td>
</tr>
<tr>
<td>HPE 676</td>
<td>Adventure Activities</td>
<td>3</td>
</tr>
<tr>
<td>HPE 712</td>
<td>Health Education Practicum</td>
<td>4</td>
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<tr>
<td>HPE 781</td>
<td>Inclusion in Physical Education</td>
<td>4</td>
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</table>

**Credits**: 15

### Fourth Year

#### Fall

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<tr>
<td>EDUC 605</td>
<td>Educational Perspectives in Critical Times</td>
<td>4</td>
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<tr>
<td>HPE 666</td>
<td>Middle School and Secondary Physical Education Practicum</td>
<td>4</td>
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**Credits**: 8

#### Spring

<table>
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</thead>
<tbody>
<tr>
<td>EDUC 694D</td>
<td>Supervised Teaching/Kinesiology</td>
<td>4</td>
</tr>
<tr>
<td>HPE 694</td>
<td>Supervised Teaching in Health and Physical Education</td>
<td>6</td>
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**Credits**: 10

**Total Credits**: 96