COACHING MINOR

https://chhs.unh.edu/kinesiology/program/minor/coaching

Description

The Department of Kinesiology offers a coaching minor. The coaching minor is an interdisciplinary curriculum designed to provide students interested in coaching at the youth, high school, or college levels with basic knowledge and skills necessary for competence in coaching. The minor consists of courses offered by majors within the Department of Kinesiology and Recreation Management and Policy. The coursework lays a theoretical and practical framework for students interested in coaching.

Admission to the minor is based on successful completion of SPST 565 Principles of Coaching (grade of C or better), and a minimum GPA of 2.0.

Requirements

Coaching Minor Requirements

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>KIN 505</td>
<td>Activity, Injuries and Disease</td>
<td>4</td>
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<tr>
<td>SPST 565</td>
<td>Principles of Coaching</td>
<td>4</td>
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<tr>
<td>SPST 650D</td>
<td>Internship in Coaching</td>
<td>2-4</td>
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Select a minimum of two of the following courses:

- SPST 521 Theory of Coaching Basketball
- SPST 522 Theory of Coaching Football
- SPST 523 Theory of Coaching Ice Hockey
- SPST 525 Theory of Coaching Soccer
- SPST 528 Theory of Coaching Track and Field

Select at least one of the following:

- EXSC 527 Scientific Foundations of Health and Fitness
- HPE 675 Motor Development and Learning
- RMP 560 Recreational Sport Management
- SPST 560 Sport Psychology
- SPST 562 Sport Media Relations
- SPST 740 Athletic Administration
- SPST 765 Advanced Topics in Coaching
- SPST 761 Senior Seminar in Sport Studies

Total Credits: 18-20

Students will not be permitted to enroll in SPST 650D Internship in Coaching, until they have completed SPST 565 Principles of Coaching; KIN 505 Activity, Injuries and Disease and at least one theory of coaching class.

To graduate with a coaching minor, individuals must earn a grade of C- or better in all courses associated with the minor (not including SPST 565 Principles of Coaching, which will require a C or better).

Individuals will not be permitted to count coaching minor classes toward their major regardless of the major/degree program.