

COACHING MINOR

<https://chhs.unh.edu/kinesiology/program/minor/coaching>

Description

The Coaching Minor is an interdisciplinary curriculum designed to provide students interested in coaching at the youth, high school or college levels with basic knowledge and skills necessary for competence in coaching. The minor consists of courses offered by several options within the Department of Kinesiology and Recreation Management and Policy. The proposed coursework lays a theoretical and practical framework for students interested in coaching.

Admission into the minor is based on successful completion of SPST 565 Principles of Coaching (grade of C- or better), and a minimum GPA of 2.0.

Requirements

Coaching Minor Requirements

Code	Title	Credits
SPST 565	Principles of Coaching	4
SPST 765	Advanced Topics in Coaching	4
SPST 650D	Internship in Coaching	4
Select a minimum of two of the following courses:		4
SPST 521	Theory of Coaching Basketball	
SPST 522	Theory of Coaching Football	
SPST 523	Theory of Coaching Ice Hockey	
SPST 525	Theory of Coaching Soccer	
SPST 528	Theory of Coaching Track and Field	
Select at least one of the following:		4
EXSC 527	Scientific Foundations of Health and Fitness	
HPE 675	Motor Development and Learning	
RMP 560	Recreational Sport Management	
SPST 560	Sport Psychology	
SPST 562	Sport Media Relations	
SPST 740	Athletic Administration	
KIN 505	Activity, Injuries and Disease	
Total Credits		20

Students will not be permitted to enroll in SPST 650D Internship in Coaching, until they have completed 10 Credits toward the minor to include: SPST 565 Principles of Coaching; and one of the applicable courses/electives and at least one theory of coaching class.

To graduate with a coaching minor, individuals must earn a grade of C- or better in all courses associated with the minor.

Sport Management Leadership/Sport Studies majors are not permitted to minor in coaching.