COACHING MINOR

https://chhs.unh.edu/kin/coaching-minor

Description

The Department of Kinesiology offers a coaching minor. The coaching minor is an interdisciplinary curriculum designed to provide students interested in coaching at the youth, high school, or college levels with basic knowledge and skills necessary for competence in coaching. The minor consists of courses offered by several options within the Department of Kinesiology and recreation management and policy. The coursework lays a theoretical and practical framework for students interested in coaching.

Admission to the minor is based on successful completion of KIN 565 Principles of Coaching (grade of C or better), and a minimum GPA of 2.0.

Requirements

Coaching Minor Requirements

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>KIN 565</td>
<td>Principles of Coaching</td>
<td>4</td>
</tr>
<tr>
<td>KIN 505</td>
<td>Activity, Injuries and Disease</td>
<td>4</td>
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<tr>
<td>KIN 650D</td>
<td>Internship in Coaching (one 4-credit internship or two 2-credit internships)</td>
<td>4</td>
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</tbody>
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Select a minimum of two of the following courses:

- KIN 521 Theory of Coaching Basketball
- KIN 522 Theory of Coaching Football
- KIN 523 Theory of Coaching Hockey
- KIN 525 Theory of Coaching Soccer
- KIN 528 Theory of Coaching Track and Field

Select at least one of the following:

- KIN 527 Scientific Foundations of Health and Fitness
- KIN 560 Sport Psychology
- RMP 560 Recreational Sport Management
- KIN 562 Sport Media Relations
- KIN 675 Motor Development and Learning
- KIN 740 Athletic Administration
- KIN 765 Advanced Topics in Coaching
- KIN 780 Psychological Factors in Sport

Total Credits 20

Students will not be permitted to enroll in KIN 650D Internship in Coaching, until they have completed KIN 565 Principles of Coaching; KIN 505 Activity, Injuries and Disease and at least one theory of coaching class.

To graduate with a coaching minor, individuals must earn a grade of C- or better in all courses associated with the minor (not including KIN 565 Principles of Coaching, which will require a C or better).

Individuals will not be permitted to count coaching minor classes toward their major regardless of the major/degree program.