COACHING MINOR

https://chhs.unh.edu/kin/coaching-minor

Description

The Department of Kinesiology offers a coaching minor. The coaching minor is an interdisciplinary curriculum designed to provide students interested in coaching at the youth, high school, or college levels with basic knowledge and skills necessary for competence in coaching. The minor consists of courses offered by several options within the Department of Kinesiology and recreation management and policy. The coursework lays a theoretical and practical framework for students interested in coaching.

Admission to the minor is based on successful completion of KIN 565 Principles of Coaching (grade of C or better), and a minimum GPA of 2.0.

Requirements

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
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<tbody>
<tr>
<td>KIN 565</td>
<td>Principles of Coaching</td>
<td>4</td>
</tr>
<tr>
<td>KIN 505</td>
<td>Activity, Injuries and Disease</td>
<td>4</td>
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<tr>
<td>KIN 650D</td>
<td>Internship in Coaching (one 4-credit internship or two 2-credit internships)</td>
<td>4</td>
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Select a minimum of two of the following courses:

- KIN 521  Theory of Coaching Basketball
- KIN 522  Theory of Coaching Football
- KIN 523  Theory of Coaching Hockey
- KIN 525  Theory of Coaching Soccer
- KIN 528  Theory of Coaching Track and Field

Select at least one of the following:

- KIN 527  Scientific Foundations of Health and Fitness
- KIN 560  Sport Psychology
- RMP 560  Recreational Sport Management
- KIN 562  Sport Media Relations
- KIN 675  Motor Development and Learning
- KIN 740  Athletic Administration
- KIN 765  Advanced Topics in Coaching
- KIN 780  Psychological Factors in Sport

Total Credits 20

Students will not be permitted to enroll in KIN 650D Internship in Coaching, until they have completed KIN 565 Principles of Coaching; KIN 505 Activity, Injuries and Disease and at least one theory of coaching class.

To graduate with a coaching minor, individuals must earn a grade of C- or better in all courses associated with the minor (not including KIN 565 Principles of Coaching, which will require a C or better).

Individuals will not be permitted to count coaching minor classes toward their major regardless of the major/degree program.