CAMPUS LIFE, PROGRAMS AND SERVICES FOR STUDENTS

The University offers programs and services to help every student get the most out of their college experience.

Advising Services

Every UNH student is assigned an academic advisor, who provides help in choosing courses and planning a program of study. Other sources of help, for academic or personal problems, are described below.

Career and Professional Success (CaPS)

With an uncommon commitment to personal and professional development, Career and Professional Success (CaPS) empowers all UNH students to proactively build the knowledge and skills they need to adapt and succeed in an ever-changing future. We are coaches, connectors, and champions for students and alumni in the Wildcat community. In partnership with faculty, staff, employers, and our global alumni network, we orchestrate opportunities for students to build personal and career awareness, build a personal brand, build professional experiences, and build professional relationships, equipping all with the tools to thrive throughout their lives.

For more information about programs, services and opportunities, call (603) 862-2070, email caps@unh.edu, visit www.unh.edu/career, or follow UNH Career and Professional Success on all major social media platforms.

Internships

Career and Professional Success supports students in locating pre-professional internships in settings ranging from traditional business and research facilities, to more uniquely tailored environments that reflect academic and career interests. Students who wish to engage in career-oriented work experiences for university credit should consult with an appropriate faculty sponsor in their department regarding established programs and the possibility of receiving academic credit. Many academic departments list internship opportunities and programs on the department website.

Additional paid and unpaid internship postings can be found through UNH’s job and internship board, Handshake.

For more information on internships at UNH, call (603) 862-2070 and/or visit www.unh.edu/career.

Center for Academic Resources (CFAR)

The Center for Academic Resources (CFAR) offers a holistic approach to our academic-related services for undergraduate students. Our dedicated team of professional educational counselors and student academic mentors are committed to enhancing students’ educational experience and academic success. We coach students on how to study smarter in their classes focusing on note taking and reading strategies, exam preparation and taking skills, approaches to problem-solving and language learning, organizational skills, time management, and ability to access and utilize online portals. Using an individualized approach, we bring our valuable academic experiences and specialized training to our student meetings. Our services are easy to access. Students can drop-in Monday through Thursday from 11 to 3 and meet with an academic mentor or educational counselor. Appointments are available Monday through Friday from 9 to 5 through https://unh.mywconline.com/. Study tools and STEM resources can also be found on our website. For more information call (603) 862-3698, e-mail cfar.sss@unh.edu or visit http://www.unh.edu/cfar

TRIO Scholars - Student Support Services (SSS)

The TRIO Scholars (SSS) program is federally funded by the United States Department of Education to increase the retention and graduation rates of program participants. Students are eligible for TRIO Scholars (SSS) if they will be the first in their family to earn a bachelor’s degree, if their family income is within program guidelines, or if they have a documented disability.

TRIO Scholars (SSS) participants work with a TRIO Educational Counselor to create individualized success plans focusing on academic development, financial literacy, personal development, and professional development to help translate personal goals into action. The TRIO Scholars (SSS) program also includes educational workshops, cultural events, and leadership development opportunities, as well as the opportunity to have access to free tutoring.

The TRIO Scholars (SSS) program is located in Smith Hall.

*UNH TRIO Student Support Services is funded by the US Department of Education and the University of New Hampshire. In 2021-22 federal funding totals $379,979. The University of New Hampshire contributes an additional $85,897 in matching funds. The project is funded to serve 200 students in 2021-22.

Honor Societies

The University of New Hampshire has a long and strong valued tradition of recognizing outstanding student academic achievement through election to a variety of honor societies. Some of these national societies recognize performance in any academic field while others are limited to specific disciplines.

Honor societies are most prevalent in colleges and universities. Based on varying criteria of high academic achievement and leadership, students are invited to join most commonly in their junior or senior year. Although initiated into the campus chapter, students become members of the national society for life. For more information visit https://www.unh.edu/honors-program/national-honor-societies.

Discipline Society Name and Sash/Stole/Cord Color UNH Contact

Athletics
Chi Alpha Sigma, Black and Gold Cord, Joanne Maldari@unh.edu (joanne.maldari@unh.edu)

Band
Kappa Kappa Psi, Blue and White Cord, Casey Goodwin@unh.edu (casey.goodwin@unh.edu)

Biological Sciences
Phi Sigma, Yellow, Green and White Cord, Dr. Estelle Hrabak@unh.edu (estelle.hrabak@unh.edu)
Business
Beta Gamma Sigma, Gold and Blue Cord, Sherri Cannon@unh.edu

Campus-Wide
Golden Key, Blue and Gold Sash, TBA

Classics
Eta Sigma Phi, Gold and Purple Cord, Dr. Richard Clairmont@unh.edu (richard.clairmont@unh.edu) and Dr. Scott Smith@unh.edu (scott.smith@unh.edu)

Communications
Lambda Pi Eta, Red, White and Gold Cord, Professor Michelle Gibbons@unh.edu

Computer Science
Upsilon Pi Epsilon, Maroon and White Cord Dr. Radim Bartos, rbartos@cs.unh.edu

Economics
Omicron Delta Epsilon, Gold and Blue Cord, Dr. Marc Herold@unh.edu

Engineering
Tau Beta Pi, Orange and White Cord, Dr. Erin Bell@unh.edu (erin.bell@unh.edu)

Engineering
UNH Society of Women Engineers, Green and Yellow Stole, Dr. May-Win Thein@unh.edu (may-win.thein@unh.edu)

English
Sigma Tau Delta, Cardinal and Black Cord, Carla Cannizzaro, Carla.C@unh.edu (carla.c@unh.edu)

Fraternity/Sorority
Order of Omega, Gold and Ivory, Jamie Silverstein@unh.edu

Health Pre-Profession
Alpha Epsilon Delta, Purple and Red Cord, Dr. Mary K. Lockwood, mkkli@unh.edu

History
Phi Alpha Theta, Red and Blue Cord, Elizabeth Mellyn@unh.edu

Hospitality and Management
Eta Sigma Delta, Yellow, Dan Innis@unh.edu

Justice Studies
Alpha Phi Sigma, Blue and Gold, Marion Girard Dorsey@unh.edu and Deborah Briand@unh.edu

Liberal Arts
Phi Beta Kappa, Pink and Blue Cord, Dr. Susan Siggelakis@unh.edu (susan.siggelakis@unh.edu)

Mathematics
Pi Mu Epsilon, Gold, Purple and Lilac Cord, Ellen O’Keefe, emo@cisunix.unh.edu

Natural Resources
Xi Sigma Pi, Green and White Cord, Dr. Mark Ducey@unh.edu (mark.ducey@unh.edu)

Nursing
Sigma Theta Tau, Orchid and White, Kelly Grady@unh.edu and Angela Braswell@unh.edu

Political Science
Pi Sigma Alpha, Red, White and Black Cord, Dr. Susan Siggelakis@unh.edu (susan.siggelakis@unh.edu)

Psychology
Psi Chi, Platinum and Dark Blue, Kelly Peracchi@unh.edu

Social Work
Phi Alpha, Gold Cord, Gretchen Bean@unh.edu (gretchen.bean@unh.edu)

Sociology
Alpha Kappa Delta, Teal Cord, Catherine Moran@unh.edu

International Students and Scholars
The Office of International Students and Scholars (OISS) provides a wide range of services to international students, faculty, staff, and exchange scholars. These services begin before the international visitors arrive on campus and often continue past the completion of their programs. OISS services include: Preparation of eligibility documents for visa issuance along with pre-arrival instructions and information; Preparation of applications to U.S. immigration offices to secure appropriate work authorization for international faculty and staff; In-depth and engaging orientation programs for new students and scholars covering a variety of issues such as immigration rights and responsibilities, adjusting to life in another culture, working in the U.S., adapting to the U.S. educational system, area attractions and services, and much more; A variety of workshops and seminars covering topics such as immigration and employment and career orientation seminars; Programming and events such as International Education Week, international student and scholar lunches, presentation series, graduation receptions, trips, and much more.

All international students are encouraged to maintain contact with the OISS and are required by law to report changes of address, academic program, or source of educational funds.

OISS also serves as a key liaison between international students, faculty, and staff and various other UNH offices and departments. For more information visit www.unh.edu/global or call (603) 862-1288.

Military & Veteran Services
The mission of the Military & Veteran Services Office is to provide the highest quality service and support to Student Veterans, Service Members, and other military-affiliated students such as dependents, as outlined in the Veteran Administration’s Principles of Excellence and 8 Keys of Success. Furthermore, we strive every day to ensure that we exceed the University’s inclusivity standards as laid out by the University Commission on Community, Equity, and Diversity.

In order to achieve our mission, our services include:

- **Processing** military educational benefits in an accurate, efficient, and timely manner in accordance with federal and state law, VA regulations, and USNH Board of Trustees policy
- **Providing** a comfortable space for student Veterans, Service Members, and other military-affiliated students to study and socialize, to include Veteran-only on-campus housing
- **Supporting** the UNH Student Armed Forces Association, the primary student organization for student Veterans, Service Members, and other military-affiliated students
- **Coordinating** a wide range of events for our students, including:
• On-campus appointments with VA representatives
• Veteran-specific informational sessions for opportunities such as the Fulbright program
• Veteran-specific orientation for incoming Veterans and members of the National Guard or Reserves
• Ice cream, hot chocolate, and pizza socials

• Advising students on how to use their military educational benefits, make the most of their time at UNH, transition from military to civilian employment, and plan for life after college

• Ensuring student Veterans achieve their academic and professional goals by providing priority course registration, meaning student Veteran register during the initial registration period of their class.


Veterans have priority registration. This means that Veteran students register during the initial registration period of their class.

For more information call (603) 862-0643, visit our website at www.unh.edu/veterans, or email us at UNH.Veterans@unh.edu.

Psychological and Counseling Services

Psychological and Counseling Services (PACS) is the primary mental health facility on campus. We are fully funded by student fees. Our confidential services are designed to help students who are enrolled in full-time study to achieve their personal and academic goals. PACS utilizes a brief, solution-focused counseling model. We provide online interactive self-help therapy via WellTrack, individual and group therapy in person and via telehealth, workshops, and consultation with a psychiatrist. We offer crisis counseling in person, during business hours, and after hours, through ProtoCall. Students needing longer term service are offered referrals to other university and community agencies.

We also aim to serve the community while being part of the community. As community members with specialized training in working with the university population, we are knowledgeable about the special needs of students, faculty, staff. A large part of our community work focuses on prevention; we believe that increased awareness of healthy ways to cope with stress can help the UNH community and its individual members achieve their professional and personal goals.

All information about a student’s visits to PACS is confidential and cannot be released without the written permission of the student. The University of New Hampshire Psychological and Counseling Services has been accredited by the International Association of Counseling Services since 1978.

For more information, call (603) 862-2090 or visit http://www.unh.edu/pacs.

Student Accessibility Services

Student Accessibility Services (SAS) is committed to establishing a community that ensures full participation for students with disabilities by providing assistance that facilitates independence and academic progress. The office is responsible for determining a range of student supports, including but not limited to academic, housing and dining accommodations. In addition, we are a source of information and referral; a resource and collaborative partner for the campus community; and a point of support and advocacy regarding access issues in general.

All accommodation requests are considered through an interactive accommodations process. This consists of three important steps: (1) register with SAS, (2) submit documentation, and (3) meet with SAS. To learn more about our documentation requirements for both general and housing-only requests, please see our Documentation Guidelines pages on our website. There is no deadline to make contact, complete an intake, or provide documentation, but accommodations cannot be applied retroactively so timeliness of the request is important. Accommodations can also be reconsidered at any time. Should a student have the need to change their accommodations, students should contact SAS to discuss the request.

If you would like to request accommodations or would like to learn more about the services offered within SAS, please contact: For more information call (603) 862-2607 (voice), 711 (TTY) or 800-735-2964 (Relay NH); (603) 862-4043 (fax); e-mail SAS.office@unh.edu or visit http://www.unh.edu/studentaccessibility. Student Accessibility Services is located in Smith Hall, Room 201.

General Information for Students with Disabilities

Students seeking academic or housing accommodations, services, and accessibility should contact Student Accessibility Services (SAS): voice (603) 862-2607; TTY Users: 711 or 800-735-2964 (Relay NH); e-mail SAS.office@unh.edu.

Students with disabilities who need accessible UNH housing should contact SAS as early as possible to allow for identification of appropriate accommodation(s) and notification from SAS to Housing.

For information about dietary restrictions, visit http://www.unh.edu/dining/nutrition.

Most major buildings have ramps and many have elevators and adapted restroom facilities. Contact SAS, (603) 862-2607, or Affirmative Action, (603) 862-2930, with questions about building facilities.

No otherwise qualified individual may be excluded from or denied access to any program, course of study, or any other offering of the University solely on the basis of a disability. Concerns regarding the institution’s compliance with the Americans with Disabilities Amendments Act (ADAA) of 2008, or Section 504 of the Rehabilitation Act of 1973 should be addressed to the ADA/504 Compliance Officer in the Affirmative Action Office at (603) 862-2930 (Voice/TTY).

University Advising Center

The University Advising Center provides academic advising to undeclared students in the College of Liberal Arts. The center’s professional staff provides assistance to students in clarifying their interests and skills as they relate to developing a program of study at the University and declaring a major, offering opportunities to explore career possibilities.

The center is the primary academic advising resource for non-degree students and assists all students in identifying and connecting with other resources across campus.

For more information call (603) 862-2064 or visit www.unh.edu/uac.

University Writing Programs

The University Writing Programs (UWP) were created to promote, support and assess writing at the University of New Hampshire. The
UWPs are housed in Academic Affairs and report to the Senior Vice Provost for Academic Affairs. The UWPs are contained in a single unit that includes responsibility for the Writing Committee, Writing Across the Curriculum (WAC), the Connors Writing Center (CWC), and the Online Writing Lab (OWL). The curricular component of WAC, consisting of the writing-intensive (WI) courses, is situated within academic departments.

We work with academic units, departments, allied programs, individual faculty, and students to advance the culture of writing at UNH. This approach values and encourages writing as an “activity and subject of study,” not only in writing intensive (WI) classes but wherever writing occurs. Through frequent guided practice, UNH students become accustomed to negotiating the writing process, are more self aware and able to transfer positive writing habits, and can adjust to differing genre conventions. We offer a wide array of services and resources to support students and faculty with their writing-based endeavors in the curriculum.

For more information call (603) 862-3272 or visit www.unh.edu/writing.


**Connors Writing Center**

The Connors Writing Center offers free, one-on-one writing conferences to members of the UNH community: students, faculty and staff. We work with writers from all disciplines on many different kinds of writing. Our 50 minute conferences are conducted by trained writing assistants, who are UNH undergraduate and graduate students.

We work with writers on all types of writing, from analysis essays to lab reports, conference proposals to dissertations. Our conferences are not limited to one specific type of writing or a single academic field—we collaborate with writers from across the university on a large range of academic writing.

Typically, the writers who visit are working on projects for courses. But we also see writers who are working on personal projects, statements of purpose and personal statements for graduate school, and so on.

For more information about resources and services available call (603) 862-3272 or visit www.unh.edu/writing.