

UNHM SPECIAL TOPICS (UMST)

Course numbers with the # symbol included (e.g. #400) have not been taught in the last 3 years.

UMST 401 - First Year Seminar

Credits: 1

The focus of this seminar is not on a specific academic subject or field of study; instead, the focus is on the student. This course is intentionally designed and proactively delivered for the purpose of promoting personal success in college and in life after college—by fostering the development of skills or strategies that are both applicable and valuable across subjects. The course focuses on the following topics: college expectations and opportunities, campus resources, learning styles and strategies including lecture note-taking, test taking, memory and concentration; life management, goal setting, educational planning, career decision-making, health maintenance, diversity and instructor/student relationships. The course integrates personal growth, academic and career success with problem solving, critical and creative thinking.

UMST 402 - Transfer Seminar

Credits: 1

The Transfer Seminar focuses on students' adjustment to being at UNH Manchester. By incorporating topics such as campus resources, financial literacy, internship and career planning, self-reflection, and information literacy, the goal of this course is to foster the development of skills or strategies that are both applicable and valuable across disciplines as well as promoting personal success during and after college.

UMST 472 - Beyond Google: An Introduction to Information Literacy

Credits: 2

Beyond Google is a 2-credit introduction to the six frameworks of information literacy for high education created by the Association of College and Research Libraries. Students learn the critical thinking skills necessary to identify, evaluate, and use diverse information sources to meet varied information needs.

UMST 500 - Internship

Credits: 1-4

The UNHM internship places students in a variety of business and organizational settings under the direction of a faculty adviser and workplace supervisor. Students fulfill the obligations of the workplace internship plan, as well as complete individually-designed projects of academic merit under the direction of UNH faculty. Open to matriculated students with a 2.5 GPA or better. Students must receive approval of the UNHM internship coordinator. May be taken from 1-4 elective credits per semester. Credit/Fail.

Repeat Rule: May be repeated for a maximum of 8 credits.

UMST 521 - Tutor Development

Credits: 3

This interdisciplinary course, team-taught by the Director and Assistant Director of the Learning Center, is intended to prepare undergraduates for working as peer tutors. Students will study theories of adult development, learn several approaches to tutoring in their discipline(s), and practice their tutoring and communication skills. Cannot be repeated. Prereq: permission of instructor is required.

Attributes: Writing Intensive Course

UMST 572 - Knowledge in Action: Research in the Workplace

Credits: 2

This 2-credit course guides students toward critical thinking competencies and evaluative skills necessary for successful information-seeking strategies in workplace settings. By discovering and assessing a variety of career-specific information sources, students will explore how professional organizations develop questions to address problems of practice. Students will interrogate the contexts in which professionals create and disseminate knowledge; engage in fact-checking and other assessment activities; and address workplace issues through the effective use of relevant professional information sources.

UMST #581 - Exploring Your Career Options

Credits: 1

This course is designed to teach students how to make informed decisions about their career aspirations. Students will learn to identify essential resources that will assist them in gaining a better understanding of opportunities available to them. Career choice is very personal, therefore each student will identify a minimum of two paths of interest to research. By comparing and contrasting options, participants will be better prepared to accomplish and own their academic and career goals. Letter grades are assigned. This course cannot be repeated for credit. Students who enrolled in UMST 599 Internship and Career Planning Seminar previously are not eligible to take this course for credit.

UMST 582 - Internship and Career Planning Seminar

Credits: 1

This course is strongly encouraged for any student seeking internship and/or employment opportunities. Participants will research and evaluate opportunities related to their career interests, conduct informational interviews, create tailored resumes and cover letters, use LinkedIn as a networking and job search resource, and participate in employer-based resume reviews and mock interviews. This course is open to all students in all majors and is suited for students interning and/or seeking employment within the next six months. Letter grades are assigned. This course cannot be repeated for credit. Students who enrolled in UMST 599 Internship and Career Planning Seminar previously are not eligible to take this course for credit.

UMST 599 - Special Topics

Credits: 1-4

Occasional offerings dependent on availability and interest of faculty, barring duplication of subject, may be repeated for credit.

Repeat Rule: May be repeated up to unlimited times.

UMST 799 - Pre-Pharmacy Concurrent Enrollment

Credits: 0-20

Registration placeholder for students completing the fourth year of their B.A. Biology Program at Massachusetts College of Pharmacy and Health Studies in the Pre-Pharmacy articulation program.