SPORT STUDIES (SPST)

# Course numbers with the # symbol included (e.g. #400) have not been taught in the last 3 years.

SPST 521 - Theory of Coaching Basketball
Credits: 2
Individual and team offense and defense; rules of the game. Problems in team handling and conditioning. Permission. Pre- or Co-req: SPST 565.
Equivalent(s): KIN 521

SPST 522 - Theory of Coaching Football
Credits: 2
Systems of play; team and individual offensive and defensive fundamentals; theory and strategy of team play; coaching methods, physical conditioning; rules. Pre- or Co-req: SPST 565.
Equivalent(s): KIN 522

SPST 523 - Theory of Coaching Ice Hockey
Credits: 2
Basic hockey skills. Fundamentals of individual and team offense and defense; coaching methods; rules. Prereq: student must have basic skating skills prior to taking course. Special fee. Pre- or Co-req: SPST 565.
Equivalent(s): KIN 523

SPST 525 - Theory of Coaching Soccer
Credits: 2
Fundamental and advanced skills and techniques; offensive and defensive principles of team play; tactical formations and strategy; methods of training and practicing; rules. Pre- or Co-req: SPST 565.
Equivalent(s): KIN 525

SPST 528 - Theory of Coaching Track and Field
Credits: 2
Starting, sprinting, middle-distance and distance running, relay, hurdling, high and broad jumping, pole vault, shot putting, discuss, hammer, and javelin. Methods of training and practicing. Pre- or Co-req: SPST 565.
Equivalent(s): KIN 528

SPST 560 - Sport Psychology
Credits: 4
Introduction to the discipline of sport psychology. Explores behavioral, cognitive, and social psychology in relation to elite, collegiate, and high school athletes, as well as recreational sport participants.
Equivalent(s): KIN 560

SPST 561 - History of American Sport and Physical Culture
Credits: 4
Major individuals, organizations, and trends that influenced the development of an American industry in sports, active recreation, and physical fitness. Readings, discussions, and research projects provide experience in the craft and utility of history.
Attributes: Historical Perspectives(Disc)
Equivalent(s): KIN 561, KIN 561W, SPST 561W

SPST 561W - History of American Sport and Physical Culture
Credits: 4
Major individuals, organizations, and trends that influenced the development of an American industry in sports, active recreation, and physical fitness. Readings, discussions, and research projects provide experience in the craft and utility of history.
Attributes: Historical Perspectives(Disc); Writing Intensive Course
Equivalent(s): KIN 561, KIN 561W, SPST 561

SPST 562 - Sport Media Relations
Credits: 4
A survey of basic concepts of sports media relations for students considering careers in school or college sports coaching or administration, media or related fields. The focus is on developing necessary skills, techniques and recommended media relations practices as well as social implications of the media in sports public relations including print, radio, television, the World Wide Web, and social media.
Equivalent(s): KIN 562

SPST 565 - Principles of Coaching
Credits: 4
Overviews current theory and practice in coaching education, including sport pedagogy, physiology, psychology, administration, and risk management. Issues of performance and competition specific to child, youth, and collegiate coaching are addressed.
Equivalent(s): KIN 565

SPST 580 - Sport Industry
Credits: 4
Overviews the various segments that make up the sport industry, including governing bodies, the mass media, sporting goods firms, players’ and coaches’ associations, public regulatory agencies, and secondary and higher education. Readings and discussions consider the development and structure of each segment, interaction between segments, legal issues, and policy implications. While the course will focus on the United States, there is some comparison to other countries.
Equivalent(s): KIN 580

SPST 630 - Sport Facility and Event Management
Credits: 4
Students learn the principles and processes involved in effective sport facility and event management. In terms of facilities, students explore the concepts of facility design, planning, systems, risk management, marketing, and ownership. In terms of events, students explore the concepts of creation, impact(s) on host communities, marketing/ sponsorship, and the potential positive and negative outcomes of sport events. Special fee.
Equivalent(s): KIN 630

SPST 631 - Sport Media Production
Credits: 4
Sport media professionals are expected to write their own scripts, produce their own content, and distribute that content on multiple digital platforms. Sport Media Production is designed to combine media management with production work in digital media, video, podcasting and website design. This course examines many of the current distribution platforms (Twitter, Facebook, Youtube, blogs, mobile applications) and the tools to create media for these outlets. In this course, students will create media using Adobe Creative Cloud and current video-editing systems. Prereq: SPST 562 or by approval.

SPST 643 - Social Media Marketing in Sport
Credits: 4
Students examine the use of social media as a tool in the marketing of sport and sport-related products. They are expected to effectively analyze and prescribe different ways in which social media can enhance the marketing profile of such products upon course completion. Student work should facilitate a deep understanding of social media in its constituent forms as they apply to sport and students should be able to examine such use critically.
Equivalent(s): KIN 643
SPST 650C - Internship in Sport Studies  
Credits: 1-8  
Experiential learning in a setting appropriate to the major option and to student's objectives. An 8 credit internship requires a minimum of 600 hours experience; fewer credits will require proportionally fewer hours. Sport Studies: May be on- or off-campus with an approved organization. Student must participate in securing the internship. A journal, bi-weekly reports and a final paper required. Prereq: junior/senior major; permission. May be repeated, with no more than 8 credits taken in any given semester.  
Repeat Rule: May be repeated for a maximum of 12 credits.  
Equivalent(s): KIN 650C

SPST 650D - Internship in Coaching  
Credits: 2-4  
Experiential learning in a setting appropriate to student's learning objectives in coaching. May be on- or off-campus with an approved organization. Student must participate in securing the assistantship. A journal, bi-weekly reports, and final report required. Prereq: SPST 565. (IA continuous grading).  
Repeat Rule: May be repeated for a maximum of 12 credits.  
Equivalent(s): KIN 650D

SPST 693 - Teaching Assistantship  
Credits: 2  
A) Physical Education Pedagogy; B) Exercise Leader; C) Outdoor Education; D) Science Labs; E) Cardiac Rehabilitation; F) Coaching. Students serve as teaching assistant in assigned class activities. Assignments to be made by the class instructor may include teaching assistants' and administrative duties. May take two different sections. Prereq: junior standing; departmental approval. Cr/F.  
Repeat Rule: May be repeated for a maximum of 4 credits.

SPST 696 - Independent Study  
Credits: 2-4  
An advanced, individual scholarly project under the direct supervision of a faculty member. Prereq: junior or senior; departmental approval. Special fee.  
Repeat Rule: May be repeated for a maximum of 8 credits.

SPST 696W - Independent Study  
Credits: 2-4  
An advanced, writing-intensive, individual scholarly project under the direct supervision of a faculty member. Student and Faculty Adviser will prepare a written proposal that outlines: the questions to be pursued, the methods of investigation, the student's qualifications to conduct the research, the nature of the finished written product (e.g. case study, position paper, extended lab report). This proposal must be approved by the major faculty and the department chair prior to the student's registration for SPST 696 WI. All SPST 696 WI projects must include: Some forms of informal, ungraded writing such as a journal, reading summaries, draft chapters, or invention activities. Regular writing interaction between student and faculty adviser (i.e. at least weekly or biweekly), to include written feedback from the adviser. A finished product that is polished via revision. Faculty sponsors and students should consult the resources and guidelines of the UNH Writing Program. Prereq: junior or senior; departmental approval.  
Attributes: Writing Intensive Course  
Repeat Rule: May be repeated for a maximum of 8 credits.

SPST 699H - Honors Project  
Credits: 4  
Project first involves tutorial sessions to introduce the student to the experimental design, after which a research question is developed. After an appropriate literature review, the student collects and analyzes data, forms conclusions, and prepares a written report on the findings.

SPST 740 - Athletic Administration  
Credits: 4  
Introduces basic management components and processes used in the successful administration of school and college athletic programs. Topics include planning, organizing, and managing sports programs, personnel, and policies; game scheduling; finances and facilities; equipment and event management; student support services; and key legal issues.  
Equivalent(s): KIN 740

SPST 741 - Social Issues in Contemporary Sport  
Credits: 4  
Investigation of interrelationships among sport, culture, and society in an attempt to understand the role and function of sport in contemporary society. Overview of selected socio-cultural factors that influence and result from participation in sports.  
Equivalent(s): KIN 741

SPST 743 - Sport Marketing  
Credits: 4  
Survey of concepts and processes used in the successful marketing of sport programs and events. Special emphasis on the unique or unusual aspects of sport products, markets, and consumers. Prereq: MKTG 550 or permission.  
Equivalent(s): KIN 743

SPST 761 - Senior Seminar in Sport Studies  
Credits: 4  
Discussions of sport studies topics, such as gambling, aggression, media, gender, race, class. Students consider different disciplinary approaches to these topics and develop projects to advance knowledge related to their interests. Prereq: Sport Studies majors; students must accumulate an aggregate total of 150 hours of work (paid or unpaid) in four approved sport organizations before they are allowed to register for SPST 761.  
Attributes: Writing Intensive Course  
Equivalent(s): KIN 761

SPST 765 - Advanced Topics in Coaching  
Credits: 4  
This course goes beyond the basic principles of coaching and addresses advanced topics in coaching (talent identification, talent development) from both the science and the art of coaching technique and strategies. This course is structured as an upper division course in Sport Studies. Content includes topics related to the development of the field of coaching. The class makes extensive use of case studies and analysis of practical coaching situations for the betterment of coach development. This course combines lecture, small group discussion and practical application of material. Prereq: SPST 565.  
Equivalent(s): KIN 765

SPST 780 - Psychological Factors in Sport  
Credits: 4  
Factors of outstanding athletic achievement; psychological variables in competition; the actions and interactions of sport, spectator, and athlete. Special attention directed to strategies for coaches, teachers, and athletic trainers to utilize sport psychology in their professional practice. Prereq: PSYC 401.  
Equivalent(s): KIN 780