

# HUMAN DEVELOPMENT & FAMILY STUDIES (HDFS)

# Course numbers with the # symbol included (e.g. #400) have not been taught in the last 3 years.

## HDFS 444A - Children at Risk

**Credits:** 4

This course focuses on childhood risks such as poverty, family stress and dysfunction, social and emotional problems, and bullying, as well as how children cope with risk and demonstrate resilience. Students will learn about and visit a number of community programs in New Hampshire that support children and their families in times of stress. Site-visits will include introduction to a range of providers such as child advocates, counselors, social workers, juvenile detention workers, and teachers.

**Attributes:** Social Science (Discovery); Inquiry (Discovery); Writing Intensive Course

**Equivalent(s):** FS 444A

## HDFS 525 - Human Development

**Credits:** 0 or 4

This course provides an overview of human development from conception through death with an emphasis on the contexts in which development occurs, and a focus on thinking about ways to enhance the lives of individuals and families across the lifespan. The knowledge gained in this course will allow students to understand the needs of individuals across all life stages, and critically reflect on their own development.

**Attributes:** Social Science (Discovery)

**Equivalent(s):** FS 525, FS 525H, HDFS 525H

## HDFS 545 - Intimate Relationships and Families

**Credits:** 4

This course provides students with an overview of contemporary research and theory on intimate and family relationships. An historical overview of marriage, intimate partnering, and the family will be covered while also exploring diverse experiences. Emphasis will be placed on the cultural, societal, and political norms and tensions surrounding intimate and family relationships and related public policy. Students will also have an opportunity to reflect on their own attitudes, thoughts, and values.

**Attributes:** Social Science (Discovery)

**Equivalent(s):** FS 545, FS 645, HDFS 645

## HDFS 553 - Personal and Family Finance for Family Life Professionals

**Credits:** 4

This course focuses on applied financial management emphasizing teaching financial issues to a variety of audiences. Topics include savings, credit, insurance and retirement, and programs and resources available to facilitate financial education.

**Equivalent(s):** FS 553

## HDFS 565 - Introduction to Child Life

**Credits:** 4

This course provides an introduction to the theory and practice of the child life profession and family centered care. Child life professionals work with children and adolescents facing acute, chronic, or life-threatening illness and traumatic injuries, and their families. Topics include children's emotional reactions to hospitalization, use of play, preparation for medical procedures, family support, and designing healing environments.

**Equivalent(s):** FS 565, RMP #565, SW 565

## HDFS 586 - Families at Risk

**Credits:** 4

This course is designed to look at the challenging biological, cultural and situational factors that affect the contemporary family. Concerns such as immigration, terrorism, disease, and media influences will be discussed, along with global problems of climate change, war, violence, alcohol and drug abuse, and economic change. This class is about how families cope with the stress associated with these challenges, but also how they adapt, how to promote resilience, and how families can thrive in the face of adversity. Students will explore remedies, solutions and support networks that help families in crisis. Prereq: HDFS 545 or permission.

**Equivalent(s):** FS 586

## HDFS 605 - Child Study and Development Center Field Experience

**Credits:** 2 or 6

This course involves supervised experience in the UNH Child Study and Development Center working with children infancy through kindergarten. Prereq: permission. Materials fee. May be repeated up to a total of 8 credits. Cr/F.

**Repeat Rule:** May be repeated for a maximum of 8 credits.

**Equivalent(s):** FS 605

## HDFS 623 - Developmental Perspectives on Infancy and Early Childhood

**Credits:** 4

This course provides an overview of the physical, cognitive, language, and social-emotional development of children from the prenatal period through early and middle childhood. Theories of development are discussed as well as research methodologies used in the study of child development. Special attention is given to landmark and current research findings regarding development during this period of the lifespan. Prereq: HDFS 525.

**Equivalent(s):** FS 623

## HDFS 624 - Developmental Perspectives on Adolescence and Early Adulthood

**Credits:** 4

This course examines the normative changes adolescents experience in biological, social, emotional, and cognitive domains. Emphasis is on the contexts of adolescent development including family and peer relationships, school, work, leisure, and broader cultural influences. Students will learn about problematic and risky behaviors as well as the positive development outcomes associated with this period of the lifespan.

**Equivalent(s):** FS 624

## HDFS 625 - Adult Development and Aging

**Credits:** 4

This course covers the general biological, psychological, and cultural theories and issues related to adult development and aging from emerging adulthood to the oldest old. The course emphasizes diversity in the process of aging and the influence of various contexts on that process. Designed for students who want to become more knowledgeable about successful aging as well as those who plan to work in adult and gerontological research or social services settings.

**Equivalent(s):** FS 625

## HDFS 635 - Teaching and Learning in Early Childhood Settings

**Credits:** 4

This course covers the theoretical and developmentally-appropriate approaches to supporting young children's physical, social, emotional, and cognitive development in early childhood settings. Weekly four-hour practicum experience working with preschool children at the UNH Child Study and Development Center is required. Prereq: HDFS 525, HDFS 623, or permission.

**Equivalent(s):** FS 635

**HDFS 641 - Parenting Across the Life Span****Credits:** 4

This course provides an overview of theory and current research on parenting in contemporary society. The course explores the challenges and changing nature of parenting across development, current parenting issues, and parenting in diverse family types. Students will also have an opportunity to reflect on their own attitudes, thoughts, and values in regards to parenting. Prereq: HDFS 525, HDFS 545, or permission.

**Equivalent(s):** FS 641**HDFS 695 - Independent Study****Credits:** 1-6

Supervised in-depth scholarly experience relevant to any of the HDFS specializations: Child Development, Family Support, and Lifespan Development. Student must work directly with a supervising faculty member to develop and complete the project. Prereq: permission.

**Equivalent(s):** FS 695**HDFS 697 - Special Topics****Credits:** 1-6

Focused examination of a particular theoretical, methodological, or policy issue. Prereq: permission.

**Repeat Rule:** May be repeated for a maximum of 8 credits.**Equivalent(s):** FS 697, FS 697W, HDFS 697W**HDFS 707 - Practicum****Credits:** 1-6

Supervised in-depth experience in professional setting designed to increase the student's understanding of and experience working with children, adolescents, or families. Students must work with a supervising faculty member to identify a practicum site. 01) Child, 02) Family, 03) Adolescent. Prereq: permission. Cr/F.

**Equivalent(s):** FS 707**HDFS 709 - Child Development Internship****Credits:** 4

Supervised teaching internship at the UNH Child Study and Development Center with children 6 wks-6 years old age for 9 hours each week. Internship experiences include teaching, documentation, and assessment. In addition students attend a weekly one-hour seminar for an in-depth reflection and analysis of the internship experience. Prereq: HDFS 525; HDFS 623; HDFS 635; and permission. Materials fees.

**Repeat Rule:** May be repeated for a maximum of 8 credits.**Equivalent(s):** FS 709, FS 790A, FS 790B**HDFS #710 - Child Life Internship****Credits:** 1-12

Supervised in-depth experience designed to increase the student's understanding of and experience working with children and adolescents in clinical or hospital setting. Prereq: permission. Special Fee. Cr/F.

**Equivalent(s):** FS 710**HDFS 734 - Curriculum for Young Children****Credits:** 4

This course focuses on the design, implementation, and evaluation of developmentally-appropriate activities in a classroom of young children. This course takes the stance that curriculum is not simply activities or plans, but a product of societal, school, and classroom culture as influenced by particular views of development. Special Fee. Prereq: HDFS 525; HDFS 623; HDFS 635. Only open to HDFS majors.

**Attributes:** Writing Intensive Course**Equivalent(s):** FS 734**HDFS 743 - Families, Schools, and Community****Credits:** 4

This course takes an ecological approach to emphasize the critical value of effective family-school-community partnerships in enhancing the education of young children. Models of family-school-community partnerships are explored. Practical knowledge regarding the experiences of those from diverse backgrounds to best prepare students to interact with, and support, all children and families is highlighted. Students actively engage within the community to build bridges between families, schools, and the greater community.

**Attributes:** Writing Intensive Course**Equivalent(s):** HS 743**HDFS 746 - Human Sexuality****Credits:** 4

This course addresses the biological, psychological, and cultural aspects of human sexuality and gender across the lifespan. Opinions, attitudes, and values affecting societal responses to sexual issues are explored in relation to scientific research and theory. Students will be better prepared to deal with sexual issues in their personal and professional lives.

**Equivalent(s):** FS 746**HDFS 757 - Race, Class, Gender, and Families****Credits:** 4

This course explores the intersection of race, class, and gender in family life in the US. Theory, research, and other relevant literature is used to examine the variety of family configurations in our society today and the diverse experiences that individuals and families have as a result of existing social, political, and economic institutions.

**Attributes:** Writing Intensive Course**Equivalent(s):** FS 757**HDFS 760 - Family Programs and Policies****Credits:** 4

This course explores the relationship between family policy and legislation with programs, services, and family experiences at the local, state and national level. Course content includes concepts associated with planning for, implementing, and evaluating family policies and programs; as well as exploring the complexities of family policy and the policy-making process. Course assignments will challenge students to understand and evaluate family policies and programs that are compatible with their professional interests. Prereq: HDFS 545 or permission.

**Attributes:** Writing Intensive Course**Equivalent(s):** FS 760, HDFS 760W**HDFS 771 - Observation and Assessment of Young Children****Credits:** 4

Comprehensive view of various observation techniques for determining children's strengths and emerging skills. Exploration of issues regarding the use of formal assessments and testing with young children, retention and transitional placements, and the parent's role in testing. Prereq: HDFS 525; HDFS 623; HDFS 635. (Fall semester only.)

**Equivalent(s):** FS 771**HDFS 776 - Children, Adolescents and the Law****Credits:** 4

This course is designed to familiarize students with the specialized laws and legal systems that govern children and adolescents. Discussion will focus on society's efforts to balance competing interests and goals. The course provides the chance to explore laws and processes that affect children and adolescents as they interact with the court system, their caregivers, families and society at large.

**Attributes:** Writing Intensive Course**Equivalent(s):** FS 776

**HDFS 782 - Family Internship****Credits:** 6

Supervised experience working in human services agencies. Students spend a minimum of 16 hours per week in a selected community program. Admission by application only. A senior-level course with 6 credits being taken both fall and spring of the senior year. Prereq: HDFS major; senior status; HDFS 525; HDFS 545; 20 credit hours of HDFS course work; permission. Pre- or Coreq: HDFS 760. IA (continuous grading). Cr/F.

**Co-requisite:** HDFS 792**Repeat Rule:** May be repeated up to 2 times.**Equivalent(s):** FS 782**HDFS 785 - Seminar for Student Teachers****Credits:** 2

This seminar supplements the student teaching experience and provides a transition to the profession of teaching for those students admitted to the early childhood certification option. Students must apply during the spring semester of their junior year to be considered for the early childhood certification option. Prereq: HDFS major; senior status; HDFS 525; HDFS 545; HDFS 623; HDFS 635; permission. (Fall semester only).

**Equivalent(s):** FS 786**HDFS 786 - Seminar for Student Teachers****Credits:** 2

This seminar supplements the student teaching experience and provides a transition to the profession of teaching for those students admitted to the early childhood certification option. Students must apply during the spring semester of their junior year to be considered for the early childhood certification option. Prereq: HDFS major; senior status; HDFS 525; HDFS 545; HDFS 623; HDFS 635; permission. Coreq: HDFS 788. (Spring semester only).

**Co-requisite:** HDFS 788**Equivalent(s):** FS 786**HDFS 788 - Student Teaching Young Children****Credits:** 8

Supervised teaching experience. Students spend a minimum of 20 hours per week in a selected program for young children working with a cooperating teacher. Students must apply during the spring semester of their junior year to be considered for the early childhood certification option. Prereq: HDFS major; senior status; HDFS 525; HDFS 545; HDFS 623; HDFS 635; HDFS 785; permission. Coreq: HDFS 786. (Spring semester only). Special fee. Cr/F.

**Co-requisite:** HDFS 786**Equivalent(s):** FS 788**HDFS 792 - Family Internship Seminar****Credits:** 2

This biweekly seminar focuses on issues of concern to family internship students, provides advanced training in educational strategies for working with families, and develops students' professional skills. This is a two-semester course with 2 credits being taken each semester. Prereq: HDFS major; admission to family internship program; permission. (Fall and spring semester.) IA (continuous grading).

**Co-requisite:** HDFS 782**Repeat Rule:** May be repeated up to 2 times.**Equivalent(s):** FS 792, FS 792W**HDFS 794 - Families and the Law****Credits:** 4

This course explores statutory law, case law and the judicial processes that affect families as members interact with each other and with society. Students will become familiarized with the family court system and its role in regulating the family.

**Attributes:** Writing Intensive Course**Equivalent(s):** FS 794**HDFS 795 - Advanced Independent Study****Credits:** 1-6

Students in the major may undertake advanced study in child development, lifespan development or family support in consultation with a HDFS faculty member. The result of the study is to be a significant written product of a quality comparable to a 700 level course. A learner/sponsor contract will be required. Prereq: permission.

**HDFS 797 - Advanced Special Topics****Credits:** 1-6

Focused examination of a particular theoretical, methodological, or policy issue. Prereq: permission.

**Repeat Rule:** May be repeated for a maximum of 8 credits.**Equivalent(s):** FS 797**HDFS 799 - Honors Senior Thesis****Credits:** 2-4

Under direction of a faculty sponsor, students plan and carry out an independent investigative effort in an area of family, child, and/or consumer studies, resulting in a written thesis and an oral presentation before students and faculty. Prereq: majors only; senior standing; permission. Two-semester sequence as continuing course.

**Attributes:** Honors course**Equivalent(s):** FS 799