**APPLIED STUDIES (APST)**

**CPSO**

# Course numbers with the # symbol included (e.g. #400) have not been taught in the last 3 years.

**APST 405 - Career Development and Planning**

**Credits:** 2  
This course engages participants in the career development and life planning process. The course may help students explore and apply to their own life situations knowledge of adult and career development and the skills and methods of career planning. Students may define and articulate the elements important to personal career satisfaction and develop strategies to achieve it. The course may include self-assessments, researching career information, decision-making, goal setting, and job search strategies. **NOTE:** Students in the A.S. Business and B.S. Business Management programs should take APST 405 and CMPL 402 together.  
**Equivalent(s):** APST 505G  
**Grade Mode:** Letter Grading

**APST 705 - Grant Writing**

**Credits:** 4  
This course prepares participants to effectively write different types of grant narratives based on organizational need(s). Topics include the strategic purpose of grants, basic grant elements, effective grant-writing strategies, and grant management and stewardship. Projects may include a completed grant proposal, creation of grant management, and stewardship processes and tools.  
**Attributes:** Writing Intensive Course  
**Prerequisite(s):** ENG 420 with a minimum grade of D- or ENG 500G with a minimum grade of D-.  
**Equivalent(s):** APST 515G, APST 615G  
**Grade Mode:** Letter Grading