

NURSING: PSYCHIATRIC MENTAL HEALTH NURSE PRACTITIONER (M.S.)

<https://chhs.unh.edu/nursing/program/ms/psychiatric-mental-health-nurse-practitioner-online>

Description

The Psychiatric-Mental Health Nurse Practitioner Master's Degree program (PMHNP) will prepare the experienced Registered Nurse (RN) with the knowledge, skills, and competencies to assess, diagnose, and manage mental healthcare patients across the lifespan. Foundational core coursework to prepare the advanced practice nurse is completed prior to transitioning into specialty content.

Courses are competency based, founded on evidence-based approaches to care management and learning strategies with commitment to student success and continuous quality improvement embedded within the process. Synchronous, asynchronous, low and high-fidelity simulation, virtual and on campus intensives, and clinical immersion will reinforce didactic content and afford the student the opportunity to transition to an active member of a collaborative mental health care team.

Upon successful program completion, graduates will be eligible to sit for the ANCC board certification exam for Psychiatric-Mental Health Nurse Practitioner Across the Lifespan (PMHNP-BC).

Admission Requirements

1. Unencumbered, active RN license in the United States.
2. Baccalaureate degree in Nursing and/or another field.
3. One full year of Registered Nurse experience minimum (Psychiatric experience not required).
4. 3 professional letters of reference—academic and/or professional.
5. Personal statement. Prepare a brief but careful statement regarding:
 - a. This is a graduate program that requires a high cognitive load, explain in detail how you are going to prepare yourself for that and manage throughout the program?
 - b. Discuss the Master's PMHNP program, what experiences have contributed to your interest and how do you visualize yourself in this role after graduation?
 - c. Where do you visualize yourself in 3 years, 5 years, and 7 years?
6. Resume

Non-BSN Admission Requirements: RNs whose baccalaureate degree is in a discipline other than nursing may apply to the Master of Science degree in nursing (M.S.) program PMHNP track option and will be considered for the track that is commensurate with their clinical experience based on faculty discretion.

Requirements

Degree Requirements

Clinical Hours: 750*

Code	Title	Credits
NURS 818	Foundations of Evidence Based Practice	3
NURS 816	Health Promotion Theory and Population Health	3
NURS 915	Leadership, Role & Collaboration	3
NURS 820	Advanced Physiology and Pathophysiology Across the Lifespan	3
NURS 812	Advanced Pharmacology and Therapeutics	3
NURS 814	Advanced Health Assessment Across the Lifespan	3
NURS 911	Diagnosis & Management - Diagnostic Reasoning	3
NURS 977	Neurobiology of Mental Disorders Across the Lifespan	2
NURS 983	Foundations of Psychiatric-Mental Health Practice and Assessment	3
NURS 978	Psychopharmacology of Mental Health Disorders Across the Lifespan I	2
NURS 991	Diagnosis & Management of Mental Health Disorders Across the Lifespan I	3
NURS 979	Psychopharmacology of Mental Health Disorders Across the Lifespan II	2
NURS 992	Diagnosis & Management of Mental Health Disorders Across the Lifespan II	3
NURS 986	Psychiatric-Mental Health Nurse Practitioner Practicum I	2
NURS 990	Mental Health & Special Populations	3
NURS 987	Psychiatric-Mental Health Nurse Practitioner Practicum II	3
NURS 988	Psychiatric-Mental Health Nurse Practitioner Practicum III	3
NURS 989	Psychiatric-Mental Health Nurse Practitioner Practicum IV	3
Total Credits		50

* Clinical hours are completed through the following required courses: NURS 986, NURS 987, NURS 988, NURS 989.

Student Learning Outcomes

The Psychiatric-Mental Health Nurse Practitioner builds upon the skills of the baccalaureate prepared generalist nurse.

At the completion of the Master's nursing program, the graduate student is prepared to:

- Serve in a healthcare leadership and change agent role as part of a diverse, complex, and patient-centered health care system.
- Act as a practice scholar to design, direct and evaluate system changes to promote safe, timely, effective, efficient, equitable and patient-centered care.
- Use data analytic methods, information systems and technology to evaluate, integrate and apply knowledge that will improve programs of care, outcomes of care and care systems.
- Use translational science and analytic methods to develop, identify, implement, and evaluate best practices to improve health care and health care systems.
- Design and implement health promotion and clinical prevention strategies across the health/illness continuum to optimize health and disease management.
- Systematically use improvement methods to monitor and evaluate care processes and outcomes and applies data for continuous improvement and safety
- Advocate for social justice through policy, professional and political engagement.
- Applies leadership principles that support inter-professional practice.

In addition to the Master's Outcomes above, the Psychiatric-Mental Health Nurse Practitioner graduate will:

- Utilize advanced practice knowledge, skills, and competencies to assess, diagnose, and coordinate and manage mental health care patients across the lifespan
- Recommend and prescribe evidence-based developmentally appropriate treatment modalities to manage psychiatric conditions in patients across the lifespan defined by shared decision-making and patient concordance within state and federal scope of practice regulations
- Engage in professional, bias-free, quality, safe, collaborative, and ethical, evidence-based practice across all mental healthcare practice settings

Disclosures

Professional Licensure/Certification Disclosures

The University of New Hampshire offers a number of academic programs designed to lead to professional licensure or certification in New Hampshire. However, completing a UNH degree/program does not guarantee professional licensure or certification. Eligibility may also depend on factors like years of work experience, professional examinations, passing a background check, and other criteria.

UNH does not guarantee that its professional licensure programs will satisfy the criteria of professional licensure boards in other states. Some states maintain different requirements for professional licensure or certification and requirements can change frequently. Federal regulations require the University to make public disclosure of certain information regarding professional licensure or certification programs, regardless of the modality the program is offered (i.e., in-person or online). The University provides guidance below but recommends students contact their state/territory licensing or certification board to ensure a program meets specific state/territory requirements.

Visit the Office of the Registrar's [website](#) for information about whether this program meets professional licensure requirements in your state.