

# NURSING: PSYCHIATRIC-MENTAL HEALTH NURSE PRACTITIONER (D.N.P.)

<https://online.unh.edu/program/dnp/nursing-psychiatric-mental-health-nurse-practitioner>

## Description

The online Doctor of Nursing Practice (DNP) program prepares nurses for the highest level of specialized nursing practice. DNP graduates are innovative leaders prepared to translate evidence into practice, improve systems of care and measure health outcomes in diverse settings. Students are required to plan, implement, and evaluate a quality improvement project customized to support their unique aspirations.

The Post Baccalaureate DNP (PB DNP) program is for nurses with a baccalaureate degree in nursing who are seeking leadership development and certification as a Psychiatric-Mental Health Nurse Practitioner. This program will prepare the experienced Registered Nurse (RN) with the knowledge, skills, and competencies to assess, diagnose, and manage mental healthcare patients across the lifespan. Foundational core coursework to prepare the advanced practice nurse is completed prior to transitioning into specialty content.

Courses are competency based, founded on evidence-based approaches to care management and learning strategies with commitment to student success and continuous quality improvement embedded within the process. Synchronous, asynchronous, low and high-fidelity simulation, on campus intensives, and clinical immersion will reinforce didactic content and afford the student the opportunity to transition to an active member of a collaborative mental health care team.

Upon successful program completion, graduates will be eligible to sit for the ANCC board certification exam for Psychiatric-Mental Health Nurse Practitioner Across the Lifespan (PMHNP-BC).

## Admission Requirements

1. Registered Nurse licensure: An unencumbered registered nurse license in the United States
2. Letters of recommendation: Three letters of reference pertaining to academic ability, professional competency, and personal character are required.
3. Updated resume
4. Professional statement: The professional statement must include a written essay responding to each of the following:
  - a. This is a graduate program that requires a high cognitive load, explain in detail how you are going to prepare yourself for that and manage throughout the program?
  - b. Discuss the DNP PMHNP program, what experiences have contributed to your interest and how do you visualize yourself in this role after graduation?
  - c. Where do you visualize yourself in 3 years, 5 years, and 7 years?
5. Interview: After initial review of the application, applicants may be contacted for an interview.

## Requirements

### Degree Requirements

Clinical Hours: 750\*

Code	Title	Credits
<b>Required Courses</b>		
NURS 812	Advanced Pharmacology and Therapeutics	3
NURS 814	Advanced Health Assessment Across the Lifespan	3
NURS 816	Health Promotion Theory and Population Health	3
NURS 818	Foundations of Evidence Based Practice	3
NURS 820	Advanced Physiology and Pathophysiology Across the Lifespan	3
NURS 900	Foundations of Scholarly Writing & Professional Communication	3
NURS 910	Genomics & Ethics	3
NURS 911	Diagnosis & Management - Diagnostic Reasoning	3
NURS 915	Leadership, Role & Collaboration	3
NURS 917	Biostatistics and Epidemiology	3
NURS 977	Neurobiology of Mental Disorders Across the Lifespan	2
NURS 978	Psychopharmacology of Mental Health Disorders Across the Lifespan I	2
NURS 979	Psychopharmacology of Mental Health Disorders Across the Lifespan II	2
NURS 983	Foundations of Psychiatric-Mental Health Practice and Assessment	3
NURS 986	Psychiatric-Mental Health Nurse Practitioner Practicum I	2
NURS 987	Psychiatric-Mental Health Nurse Practitioner Practicum II	3
NURS 988	Psychiatric-Mental Health Nurse Practitioner Practicum III	3
NURS 989	Psychiatric-Mental Health Nurse Practitioner Practicum IV	3
NURS 990	Mental Health & Special Populations	3
NURS 991	Diagnosis & Management of Mental Health Disorders Across the Lifespan I	3
NURS 992	Diagnosis & Management of Mental Health Disorders Across the Lifespan II	3
NURS 947	DNP Systems Thinking Seminar I	3
NURS 948	DNP Systems Thinking Seminar II	3
NURS 949	DNP Systems Thinking Seminar III	3
NURS 964	Information Systems and Technology Improvement	3
NURS 967	Evidence Based Practice Methods	3
NURS 969	Health Systems Policy, Economics & Financial Planning	3
NURS 973	Quality & Safety	3
<b>Total Credits</b>		<b>80</b>

\* Clinical hours are completed through the following required courses: NURS 986, NURS 987, NURS 988, NURS 989.

## Student Learning Outcomes

The Psychiatric-Mental Health Nurse Practitioner builds upon the skills of the baccalaureate prepared generalist nurse.

At the completion of the DNP Psychiatric-Mental Health Nurse Practitioner program, the graduate student is prepared to:

- Serve in a healthcare leadership and change agent role as part of a diverse, complex, and patient-centered health care system.
- Act as a practice scholar to design, direct and evaluate system changes to promote safe, timely, effective, efficient, equitable and patient-centered care.
- Use data analytic methods, information systems and technology to evaluate, integrate and apply knowledge that will improve programs of care, outcomes of care and care systems.
- Use translational science and analytic methods to develop, identify, implement, and evaluate best practices to improve health care and health care systems.

- Design and implement health promotion and clinical prevention strategies across the health/illness continuum to optimize health and disease management.
- Systematically use improvement methods to monitor and evaluate care processes and outcomes and applies data for continuous improvement and safety
- Advocate for social justice through policy, professional and political engagement.
- Applies leadership principles that support inter-professional practice.

In addition to the Outcomes above, the Psychiatric-Mental Health Nurse Practitioner graduate will:

- Utilize advanced practice knowledge, skills, and competencies to assess, diagnose, and coordinate and manage mental health care patients across the lifespan
- Recommend and prescribe evidence-based developmentally appropriate treatment modalities to manage psychiatric conditions in patients across the lifespan defined by shared decision-making and patient concordance within state and federal scope of practice regulations
- Engage in professional, bias-free, quality, safe, collaborative, and ethical, evidence-based practice across all mental healthcare practice settings