HUMAN DEVELOPMENT AND FAMILY STUDIES (HDFS)

Degrees Offered: M.S., Graduate Certificate

This program is offered in Durham.

The Department of Human Development and Family Studies offers two programs of study leading to a master of science degree in human development and family studies: Core Areas of Study Program (Human Development and Family Studies M.S.) and the Marriage and Family Therapy M.S. Program.

The goal of both programs is to provide students with an understanding of theory and methods relevant to human development and family studies and to prepare them to work with individuals and families in therapeutic, educational, community or corporate settings. The Core Areas of Study program has two foci: Adolescent Development and Child Development, and students may elect to complete a thesis or comprehensive exam. The Marriage and Family Therapy Program is accredited by the Commission on Accreditation for Marriage and Family Therapy Education and requires a minimum of two years of full-time study, including two summers.

The Department of Human Development and Family Studies also offers a one-year, 14- to 15-credit, multidisciplinary program of study leading to a graduate certificate in Adolescent Development. The certificate program is intended for individuals who are working in the field but who lack specific knowledge about adolescence, as well as those who are changing careers or who are already working in related fields and need to meet continuing education requirements or desire additional academic preparation.

GRADE POLICY

A graduate student who fails a course must immediately attend a mandatory meeting with the instructor of the course, the Human Development and Family Studies Graduate Coordinator, and, if desired, the student's adviser. If a graduate student receives grades below "B-" in two or more courses, the Human Development and Family Studies Graduate Coordinator will make a recommendation to the Graduate School that the student be dismissed from the human development and family studies graduate program.

Admission Requirements

Students in good standing with undergraduate degrees in any field and a specific interest in working with individuals and families are encouraged to apply. Candidates for the master's degree program must have completed an introductory statistics course or the equivalent as part of their undergraduate program. If their undergraduate program did not include such a course, students who are accepted into the M.S. program must successfully complete an introductory statistics course before they graduate.

Applicants in the Core Area of Study program must also complete a graduate statistics course, see "Program Requirements" for the Core Area of Study. Individuals applying to the Core Areas of Study and Certificate programs must submit a standard personal statement with their applications.

Applicants to the MFT program must answer the 5 questions listed on the department’s MFT admissions website. Responses to the MFT questions should be submitted in numbered format, and must address each question separately and explicitly. Individuals applying to the MFT program must submit their five answers with their applications.

https://chhs.unh.edu/human-development-family-studies

Programs

- Human Development and Family Studies (M.S.)
- Human Development and Family Studies: Marriage and Family Therapy (M.S.)
- Adolescent Development (Graduate Certificate)

Courses

Human Development and Family Studies (HDFS)

HDFS 807 - Practicum
Credits: 1-6
Supervised in-depth experience in teaching, research, or fieldwork in a professional setting designed to increase the student’s understanding of or experience working with children, adolescents, or families. Student must work with a supervising faculty member to identify a practicum site. 01) Child, 02) Family, 03) Adolescent. Prereq: approval of departmental faculty. Cr/F.
Equivalent(s): FS 807

HDFS 809 - Child Study and Development Center Internship
Credits: 1-6
Supervised teaching internship working with a cooperating teacher, while also participating in seminar discussions to enhance insight, offer perspectives, generate new ideas, and improve professional practices. Students assume responsibility for the full range of teaching duties working with a group of young children for 10 hours each week. The course provides the implementation of theory and research in practice based on a social constructivist model in a classroom setting. Prereq: permission. May be repeated up to a total of 8 credits.
Repeat Rule: May be repeated for a maximum of 8 credits.
Equivalent(s): FS 809

HDFS 833 - Supervising Programs for Young Children
Credits: 4
Philosophical bases and theoretical rationales of various programs for young children; program alternatives and resources; issues in administration including supervision, finances, and regulations. Prereq: permission. (Fall semester only.)
Equivalent(s): FS 833
HDFS 834 - Curriculum for Young Children
Credits: 4
This course focuses on the design, implementation, and evaluation of developmentally-appropriate activities in a classroom of young children. This course takes the stance that curriculum is not simply activities or plans, but a product of societal, school, and classroom culture as influenced by particular views of development. Prereq: permission.
Equivalent(s): FS 834

HDFS 841 - Marital and Family Therapy
Credits: 4
This course provides an introduction to the theory and practice of marital and family therapy; major approaches to be examined include strategic, trans-generational, structural, experiential/humanistic, and behavioral. Prereq: permission.
Equivalent(s): FS 841

HDFS 843 - Families, Schools, and Community
Credits: 4
This course takes an ecological approach to emphasize the critical value of effective family-school-community partnerships in enhancing the education of young children. Models of family-school-community partnerships are explored. Practical knowledge regarding the experiences of those from diverse backgrounds to best prepare students to interact with, and support, all children and families is highlighted. Students actively engage within the community to build bridges between families, schools, and the greater community. Prereq: permission.
Equivalent(s): FS 843

HDFS 846 - Human Sexuality
Credits: 4
This course addresses the biological, psychological, and cultural aspects of human sexuality and gender across the lifespan. Opinions, attitudes, and values affecting societal responses to sexual issues are explored in relation to scientific research and theory. Students will be better prepared to deal with sexual issues in their personal and professional lives. Prereq: permission.
Equivalent(s): FS 846

HDFS 857 - Race, Class, Gender, and Families
Credits: 4
This course explores the intersection of race, class, and gender in family life in the US. Theory, research, and other relevant literature is used to examine the variety of family configurations in our society today and the diverse experiences that individuals and families have as the result of existing social, political, and economic institutions. Prereq: permission.
Equivalent(s): FS 857

HDFS 860 - Family Programs and Policies
Credits: 4
This course explores the relationship between family policy and legislation with programs, services, and family experiences at the local, state and national level. Course content includes concepts associated with planning for, implementing, and evaluating family policies and programs; as well as exploring the complexities of family policy and the policy-making process. Course assignments will challenge students to understand and evaluate family policies and programs that are compatible with their professional interests. Prereq: permission.
Equivalent(s): FS 860

HDFS 871 - Observation and Assessment of Young Children
Credits: 4
A comprehensive view of various observation techniques for determining children's strengths and emerging skills. Exploration of issues regarding the use of formal assessments and testing with young children, retention and transitional placements, and the parent's role in testing. Permission. (Fall semester only.)
Equivalent(s): FS 871

HDFS 872 - Child and Family Advocacy
Credits: 4
This course provides an introduction to the roles of types of child and family advocacy. The course will enable students to develop strategies for analyzing and impacting existing policies, practices, and perceptions in relation to issues impacting children, youth, and families. Students will learn techniques for influencing decision makers, government and legislative leaders, and the media.
Equivalent(s): FS 872

HDFS 873 - International Perspectives on Children and Families
Credits: 4
Investigation of historical and modern conceptions of children and families in selected African, Asian, European, and Latin countries. Emphasis placed on the contribution of these populations to the changing ethnic portrait of America. Prereq: permission.
Equivalent(s): FS 873

HDFS 876 - Children, Adolescents and the Law
Credits: 4
This course is designed to familiarize students with the specialized laws and legal systems that govern children, adolescents and families. Discussion will focus on society's efforts to balance competing interests and goals. The course provides the chance to explore laws and processes that affect children and adolescents as they interact with the court system, their caregivers, families and society at large.
Equivalent(s): FS 876

HDFS 894 - Families and the Law
Credits: 4
This course provides an introduction to the roles of types of child and family advocacy. The course will enable students to develop strategies for analyzing and impacting existing policies, practices, and perceptions in relation to issues impacting children, youth, and families. Students will learn techniques for influencing decision makers, government and legislative leaders, and the media.
Equivalent(s): FS 872

HDFS 895 - Advanced Independent Study
Credits: 1-6
This course is designed for students in the HDFS graduate program to undertake advanced study in child development, adolescent development, or lifespan development in consultation with an HDFS faculty member. The result of the study is to be a significant written product of a quality. A learner/sponsor contract will be required. Prereq: permission.

HDFS 897 - Special Topics
Credits: 1-4
Focused examination of a particular theoretical, methodological, or policy issue. May be repeated to a maximum of 8 credits. Prereq: permission.
Repeat Rule: May be repeated for a maximum of 8 credits.
Equivalent(s): FS 897

HDFS 898 - Marriage and Family Therapy Practicum
Credits: 1-8
Clinical experience under direct faculty supervision. Trainees develop competency in treating individuals in the context of their families and larger systems. Prereq: permission. May be repeated. Special fee.
Equivalent(s): FS 898
### HDFS 999 - Master's Thesis
**Credits:** 1-6
May be repeated up to a maximum of 10 credits. Prereq: permission. Cr/F.
**Repeat Rule:** May be repeated for a maximum of 10 credits.
**Equivalent(s):** FS 899

### HDFS 911 - Graduate Internship
**Credits:** 2-8
Advanced, supervised graduate internship in a professional setting related to Family, Child, or Adolescent Development. Prereq: permission. Cr/F.
**Repeat Rule:** May be repeated for a maximum of 8 credits.
**Equivalent(s):** FS 911

### HDFS 930 - Child Development in Context
**Credits:** 4
This course examines the advanced issues in child development within an ecological context. Theory and research on social, cultural, and development issues of early childhood will be the focus, with a particular emphasis on ecological and social constructivist frameworks. This seminar examines issues of diversity (race, ethnicity, religion, sexual orientation, and social class), and topics include attachment, socialization of emotions, parenting beliefs, father-child relationships, and child care and preschool. Prereq: permission.
**Equivalent(s):** FS 930

### HDFS 942 - Advanced Systems of Marital and Family Therapy
**Credits:** 4
This course provides a critical analysis and integration of selected systems of marital and family therapy. Prereq: HDFS 841; permission.
**Equivalent(s):** FS 942

### HDFS 945 - Family Therapy Practice I
**Credits:** 4
This course is designed to develop beginning practice skills in structural, strategic, systematic family therapies; and assessment and treatment skills necessary to manage specialized problems (e.g., divorce, remarriage, substance abuse, suicidal behavior) encountered in practice. Prereq: permission.
**Equivalent(s):** FS 945

### HDFS 946 - Critical Problems in Family Life
**Credits:** 4
This course provides an evaluation of the needs and resources of families with critical problems; maturational and situational sources of stress influencing the contemporary family; students demonstrate mastery of theoretical concepts by developing self-help strategies to be used by families experiencing stress. Prereq: permission.
**Equivalent(s):** FS 946

### HDFS 947 - Family Therapy Practice II
**Credits:** 4
This course is designed to develop advanced skills in integrating structural, strategic, and systematic family therapies; sensitivity to gender differences and cultural diversity; and assessment and treatment skills necessary to manage specialized problems (e.g., physical, emotional, and sexual abuse; sexual dysfunction) encountered in practice. Prereq: permission.
**Equivalent(s):** FS 947

### HDFS 950 - Contemporary Issues in Adolescent Development
**Credits:** 4
This course focuses on contemporary issues facing adolescents and emerging adults. The Human Development and Family Studies perspective guides the course's focus on the social ecology of adolescent development, which means understanding adolescents within the contexts of families, peers, schools, out-of-school activities, communities, and the broader culture. This course also emphasizes the application of the course content to enhance the lives of adolescents and emerging adults.
**Equivalent(s):** FS 850, FS 950

### HDFS 952 - Clinical Interventions in Couples Therapy
**Credits:** 4
This course explores interventions that target problems faced by couples at various ages and stages of their relationship. The focus will be on developing and implementing effective strategies for enhancing attachments as well as approaches for improving communication and problem-solving skills in Couples Therapy. The format will be interactive with illustrative demonstration. Majors to include: HDFS: Marriage and Family Therapy and Social Work.
**Equivalent(s):** FS 952

### HDFS 954 - Sex Therapy
**Credits:** 4
This course begins preparing graduate student therapists to address sexual topics with clients. Using a foundation grounded in the physiology, psychology, and sociology of human sexual development, this course explores problems in sexual interaction and treatment options available through sex therapy, focusing on the integration of sex therapy with couples therapy. Students are encouraged to examine their own attitudes, values, and beliefs regarding sexuality, and will deconstruct "sexual dysfunction".
**Equivalent(s):** FS 954

### HDFS 991 - Professional Issues for Family Specialists
**Credits:** 4
This course provides an exploration of major ethical, legal, and professional issues facing those working in the areas of marriage and family therapy and child and adolescent development. Focus on ethical decision making, values clarification, and development of professional identity. Prereq: permission.
**Equivalent(s):** FS 991

### HDFS 993 - Theoretical Approaches to Human Development and Family Studies
**Credits:** 4
This course provides an in-depth understanding and appreciation of the most significant classic and emerging theoretical frameworks concerning the family and family dynamics. The application of each theory to work in the areas of marriage and family therapy and child and adolescent development will be examined in depth. Prereq: permission.
**Equivalent(s):** FS 993

### HDFS 994 - Research Seminar
**Credits:** 4
This course is a graduate-level introduction to research methods in the social sciences with an emphasis on the fields of Human Development and Family Studies and Marriage and Family Therapy. This course is designed to help students conceptualize and write about research, understand and generate practice-relevant research, gain the foundation for research competency, and understand the research process. Prereq: permission.
**Equivalent(s):** FS 994
HDFS 995 - Seminar and Special Problems
Credits: 2-4
This course provides critical evaluation of the research and current literature and an examination of issues and trends. These seminars are open to graduate students with sufficient background and are not scheduled every semester. One or more semesters, maximum of 4 credits in one area. Prereq: permission.
Equivalent(s): FS 995

HDFS 997 - Advanced Research Seminar
Credits: 4
Interdisciplinary approach to research in child, family, and consumer studies. Emphasis on the multidimensionality of family problems, appropriate research strategies, and critical analysis of current literature.
Prereq: permission.
Equivalent(s): FS 997

Faculty

See https://chhs.unh.edu/directory/all for faculty.