

COUNSELING FOUNDATIONS MINOR

<https://cps.unh.edu/program/minor/counseling-foundations>

Description

This minor enables students to focus on issues and methods associated with providing counseling to individuals in distress. Students will study the personal and situational factors that can cause individuals to seek counseling. Students will also gain knowledge of the methods associated with communicating with individuals in distress to help them to solve problems.

NOTE: This minor may not be declared with the following majors: BS Human Services: Counseling Foundations or BS Applied Psychology: Counseling Foundations.

Students will have the opportunity to:

1. Identify personal and situational factors that lead individuals to seek counseling.
2. Differentiate between different counseling theories and practices.

Requirements

All minor courses must be completed with a minimum grade of C-, and a 2.0 grade point average must be maintained in courses for the minor. Two courses must be at the upper level (600 or 700). Only one overlap is allowed between major and minor.

Minor Requirements

Code	Title	Credits
PSY 602	Theories of Personality	4
PSY 603	Crisis Intervention	4
PSY 654	Counseling Theories	4
PSY 665	Principles of Assessment	4
or COM 460	Interpersonal Communication and Group Dynamics	
PSY 685	Principles of Psychopathology	4
Total Credits		20